

102 Rectal and anal disorders

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Ointment

- ▶ **Proctosedyl** (Sanofi)
Cinchocaine hydrochloride 5 mg per 1 gram, Hydrocortisone 5 mg per 1 gram Proctosedyl ointment | 30 gram [PoM] £10.34 DT = £10.34
- ▶ **Uniroid HC** (Chemidex Pharma Ltd)
Cinchocaine hydrochloride 5 mg per 1 gram, Hydrocortisone 5 mg per 1 gram Uniroid HC ointment | 30 gram [PoM] £4.23 DT = £10.34

Suppository

- ▶ **Proctosedyl** (Sanofi)
Cinchocaine hydrochloride 5 mg, Hydrocortisone 5 mg Proctosedyl suppositories | 12 suppository [PoM] £5.08 DT = £5.08
- ▶ **Uniroid HC** (Chemidex Pharma Ltd)
Cinchocaine hydrochloride 5 mg, Hydrocortisone 5 mg Uniroid HC suppositories | 12 suppository [PoM] £1.91 DT = £5.08

Cinchocaine with prednisolone

21-Dec-2017

● INDICATIONS AND DOSE

Haemorrhoids | Pruritus ani

- ▶ **BY RECTUM USING OINTMENT**
- ▶ Adult: Apply twice daily for 5–7 days, apply 3–4 times a day on the first day if necessary, then apply once daily for a few days after symptoms have cleared
- ▶ **BY RECTUM USING SUPPOSITORIES**
- ▶ Adult: 1 suppository daily for 5–7 days, to be inserted after a bowel movement

Haemorrhoids (severe cases) | Pruritus ani (severe cases)

- ▶ **BY RECTUM USING SUPPOSITORIES**
- ▶ Adult: Initially 1 suppository 2–3 times a day, then 1 suppository daily for a total of 5–7 days, to be inserted after a bowel movement

IMPORTANT SAFETY INFORMATION

MHRA/CHM ADVICE: CORTICOSTEROIDS: RARE RISK OF CENTRAL SEROUS CHORIORETINOPATHY WITH LOCAL AS WELL AS SYSTEMIC ADMINISTRATION (AUGUST 2017)
See Corticosteroids, general use p. 707.

- **CAUTIONS** Local anaesthetic component can be absorbed through the rectal mucosa (avoid excessive application) · local anaesthetic component may cause sensitisation (use for short periods only—no longer than a few days)
- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Ointment

- ▶ **Scheriproct** (LEO Pharma)
Prednisolone hexanoate 1.9 mg per 1 gram, Cinchocaine hydrochloride 5 mg per 1 gram Scheriproct ointment | 30 gram [PoM] £3.23 DT = £3.23

Suppository

- ▶ **Scheriproct** (LEO Pharma)
Cinchocaine hydrochloride 1 mg, Prednisolone hexanoate 1.3 mg Scheriproct suppositories | 12 suppository [PoM] £1.52 DT = £1.52

Hydrocortisone with lidocaine

21-Dec-2017

● INDICATIONS AND DOSE

Haemorrhoids | Pruritus ani

- ▶ **BY RECTUM USING AEROSOL SPRAY**
- ▶ Adult: 1 spray up to 3 times a day for no longer than 7 days without medical advice, spray once over the affected area

- ▶ **BY RECTUM USING OINTMENT**

- ▶ Adult: Apply several times daily, for short term use only

IMPORTANT SAFETY INFORMATION

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See Corticosteroids, general use p. 707.

- **CAUTIONS** Local anaesthetic component can be absorbed through the rectal mucosa (avoid excessive application) · local anaesthetic component may cause sensitisation (use for short periods only—no longer than a few days)
- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Ointment

- ▶ **Xyloproct** (Aspen Pharma Trading Ltd)
Hydrocortisone acetate 2.75 mg per 1 gram, Lidocaine 50 mg per 1 gram Xyloproct 5%/0.275% ointment | 20 gram [PoM] £4.19 DT = £4.19

Spray

- ▶ **Perinal** (Dermal Laboratories Ltd)
Hydrocortisone 2 mg per 1 gram, Lidocaine hydrochloride 10 mg per 1 gram Perinal spray | 30 ml [P] £6.11 DT = £6.11

Hydrocortisone with pramocaine

21-Dec-2017

● INDICATIONS AND DOSE

Haemorrhoids | Proctitis

- ▶ **BY RECTUM**
- ▶ Adult: 1 applicatorful 2–3 times a day and 1 applicatorful, after a bowel movement, do not use for longer than 7 days; maximum 4 applicatorfuls per day

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MHRA/CHM ADVICE: CORTICOSTEROIDS: RARE RISK OF CENTRAL SEROUS CHORIORETINOPATHY WITH LOCAL AS WELL AS SYSTEMIC ADMINISTRATION (AUGUST 2017)
See Corticosteroids, general use p. 707.

- **CAUTIONS** Local anaesthetic component can be absorbed through the rectal mucosa (avoid excessive application) · local anaesthetic component may cause sensitisation (use for short periods only—no longer than a few days)
- **MEDICINAL FORMS** No licensed medicines listed.

SCLEROSANTS

Phenol

● INDICATIONS AND DOSE

Haemorrhoids (particularly when unprolapsed)

- ▶ **BY SUBMUCOSAL INJECTION**
- ▶ Adult: 2–3 mL, dose (using phenol 5%) to be injected into the submucosal layer at the base of the pile; several injections may be given at different sites, max. total injected 10 mL at any one time

- **SIDE-EFFECTS** Abdominal sepsis · abscess · dizziness · erectile dysfunction · fever · hepatitis · increased risk of infection · injection site necrosis · ulcer · urinary disorders
- **PRESCRIBING AND DISPENSING INFORMATION** When prepared extemporaneously, the BP states Oily Phenol Injection, BP consists of phenol 5% in a suitable fixed oil.