

Permethrin

04-Feb-2020

● INDICATIONS AND DOSE

Scabies

► TO THE SKIN

- Child: Apply once weekly for 2 doses, apply 5% preparation over whole body including face, neck, scalp and ears then wash off after 8–12 hours. If hands are washed with soap within 8 hours of application, they should be treated again with cream
- Adult: Apply once weekly for 2 doses, apply 5% preparation over whole body including face, neck, scalp and ears then wash off after 8–12 hours. If hands are washed with soap within 8 hours of application, they should be treated again with cream

Crab lice

► TO THE SKIN

- Adult: Apply once weekly for 2 doses, apply 5% cream over whole body, allow to dry naturally and wash off after 12 hours or after leaving on overnight

Head lice

► TO THE SKIN

- Adult: Not recommended; no information given

● UNLICENSED USE

- In children *Dermal Cream* (scabies), not licensed for use in children under 2 months; not licensed for treatment of crab lice in children under 18 years. *Crema Rinse* (head lice) not licensed for use in children under 6 months except under medical supervision.

IMPORTANT SAFETY INFORMATION

MHRA/CHM ADVICE: HEAD LICE ERADICATION PRODUCTS: RISK OF SERIOUS BURNS IF TREATED HAIR IS EXPOSED TO OPEN FLAMES OR OTHER SOURCES OF IGNITION (MARCH 2018)
See Skin infections p. 1294.

- **CAUTIONS** Avoid contact with eyes · children aged 2 months–2 years, medical supervision required for dermal cream (scabies) · children under 6 months, medical supervision required for cream rinse (head lice) · do not use on broken or secondarily infected skin
- **SIDE-EFFECTS** Scalp irritation · skin reactions
- **PRESCRIBING AND DISPENSING INFORMATION** Manufacturer recommends application to the body but to exclude head and neck. However, application should be extended to the scalp, neck, face, and ears.
Larger patients may require up to two 30-g packs for adequate treatment.
- **LESS SUITABLE FOR PRESCRIBING** Lyclear® Crema Rinse is less suitable for prescribing.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Cream

CAUTIONARY AND ADVISORY LABELS 10 (Dermal cream only)
EXCIPIENTS: May contain Butylated hydroxytoluene, woolfat and related substances (including lanolin)

► Permethrin (Non-proprietary)

Permethrin 50 mg per 1 gram Permethrin 5% cream | 30 gram [P] £7.46 DT = £7.46

► Lyclear (Omega Pharma Ltd)

Permethrin 50 mg per 1 gram Lyclear 5% dermal cream | 30 gram [P] £5.71 DT = £7.46

Liquid

EXCIPIENTS: May contain Cetostearyl alcohol (including cetyl and stearyl alcohol)

► Lyclear (Omega Pharma Ltd)

Permethrin 10 mg per 1 gram Lyclear 1% creme rinse | 59 ml [P] £4.20 DT = £4.20 | 118 ml [P] £7.11 DT = £7.11

2.4 Viral skin infections

ANTIVIRALS > NUCLEOSIDE ANALOGUES

Aciclovir

(Acyclovir)

10-Mar-2020

● INDICATIONS AND DOSE

Herpes simplex infection (local treatment)

► TO THE SKIN

- Child: Apply 5 times a day for 5–10 days, to be applied to lesions approximately every 4 hours, starting at first sign of attack
- Adult: Apply 5 times a day for 5–10 days, to be applied to lesions approximately every 4 hours, starting at first sign of attack

● UNLICENSED USE

- In children Cream licensed for use in children (age range not specified by manufacturer).
- **CAUTIONS** Avoid cream coming in to contact with eyes and mucous membranes
- **INTERACTIONS** → Appendix 1: aciclovir
- **SIDE-EFFECTS**
- **Uncommon** Skin reactions
- **PREGNANCY** Limited absorption from topical aciclovir preparations.
- **PATIENT AND CARER ADVICE** Medicines for Children leaflet: Aciclovir cream for herpes www.medicinesforchildren.org.uk/aciclovir-cream-herpes-0
- **PROFESSION SPECIFIC INFORMATION** Dental practitioners' formulary Aciclovir Cream may be prescribed.
- **EXCEPTIONS TO LEGAL CATEGORY** A 2-g tube and a pump pack are on sale to the public for the treatment of cold sores.
- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Cream

EXCIPIENTS: May contain Cetostearyl alcohol (including cetyl and stearyl alcohol), propylene glycol

► Aciclovir (Non-proprietary)

Aciclovir 50 mg per 1 gram Aciclovir 5% cream | 2 gram [PoM] £1.26 DT = £1.26 | 10 gram [PoM] £6.38 DT = £6.31

► Zovirax (GlaxoSmithKline Consumer Healthcare, GlaxoSmithKline UK Ltd)

Aciclovir 50 mg per 1 gram Zovirax 5% cream | 2 gram [PoM] £4.63 DT = £1.26 | 10 gram [PoM] £13.96 DT = £6.31

3 Inflammatory skin conditions

3.1 Eczema and psoriasis

Eczema

Types and management

Eczema (dermatitis) has several causes, which may influence treatment. The main types of eczema are irritant, allergic contact, atopic, venous and discoid; different types may co-exist. Lichenification, due to scratching and rubbing, may complicate any chronic eczema. *Atopic eczema* is the most common type and it usually involves dry skin as well as infection and lichenification.