

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug. Forms available from special-order manufacturers include: oral suspension

Tablet

CAUTIONARY AND ADVISORY LABELS 2

- ▶ **Cinnarizine (Non-proprietary)**

Cinnarizine 15 mg Cinnarizine 15mg tablets | 84 tablet [PoM] £6.88
DT = £4.75

Cinnarizine with dimenhydrinate

The properties listed below are those particular to the combination only. For the properties of the components please consider, cinnarizine p. 457.

● INDICATIONS AND DOSE

Vertigo

- ▶ BY MOUTH
- ▶ Adult: 1 tablet 3 times a day

- **INTERACTIONS** → Appendix 1: antihistamines, sedating - dimenhydrinate

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CAUTIONARY AND ADVISORY LABELS 2, 21

- ▶ **Arlevet** (Hennig Arzneimittel GmbH & Co. KG)

Cinnarizine 20 mg, Dimenhydrinate 40 mg Arlevet tablets | 100 tablet [PoM] £24.00 DT = £24.00

Promethazine teoclate

28-Nov-2019

● INDICATIONS AND DOSE

Nausea | Vomiting | Labyrinthine disorders

- ▶ BY MOUTH
- ▶ Child 5-9 years: 12.5–37.5 mg daily
- ▶ Child 10-17 years: 25–75 mg daily; maximum 100 mg per day
- ▶ Adult: 25–75 mg daily; maximum 100 mg per day

Motion sickness prevention (acts longer than promethazine hydrochloride)

- ▶ BY MOUTH
- ▶ Child 5-9 years: 12.5 mg once daily, dose to be taken at bedtime on night before travel or 1–2 hours before travel
- ▶ Child 10-17 years: 25 mg once daily, dose to be taken at bedtime on night before travel or 1–2 hours before travel
- ▶ Adult: 25 mg once daily, dose to be taken at bedtime on night before travel or 1–2 hours before travel

Motion sickness treatment (acts longer than promethazine hydrochloride)

- ▶ BY MOUTH
- ▶ Child 5-9 years: 12.5 mg, dose to be taken at onset of motion sickness, then 12.5 mg daily for 2 days, dose to be taken at bedtime
- ▶ Child 10-17 years: 25 mg, dose to be taken at onset of motion sickness, then 25 mg once daily for 2 days, dose to be taken at bedtime
- ▶ Adult: 25 mg, dose to be taken at onset of motion sickness, then 25 mg once daily for 2 days, dose to be taken at bedtime

IMPORTANT SAFETY INFORMATION

MHRA/CHM ADVICE: OVER-THE-COUNTER COUGH AND COLD MEDICINES FOR CHILDREN (APRIL 2009)

Children under 6 years should not be given over-the-counter cough and cold medicines containing promethazine.

- **CAUTIONS** Asthma · bronchiectasis · bronchitis · epilepsy · prostatic hypertrophy (in adults) · pyloroduodenal obstruction · Reye's syndrome · severe coronary artery disease · susceptibility to angle-closure glaucoma · urinary retention

- **INTERACTIONS** → Appendix 1: antihistamines, sedating

- **SIDE-EFFECTS** Anticholinergic syndrome · anxiety · appetite decreased · arrhythmia · blood disorder · bronchial secretion viscosity increased · confusion · dizziness · drowsiness · dry mouth · epigastric discomfort · fatigue · haemolytic anaemia · headache · hypotension · jaundice · movement disorders · muscle spasms · nightmare · palpitations · photosensitivity reaction · urinary retention · vision blurred

SIDE-EFFECTS, FURTHER INFORMATION Elderly patients are more susceptible to anticholinergic side-effects. In children paradoxical stimulation may occur, especially with high doses.

- **PREGNANCY** Most manufacturers of antihistamines advise avoiding their use during pregnancy; however, there is no evidence of teratogenicity. Use in the latter part of the third trimester may cause adverse effects in neonates such as irritability, paradoxical excitability, and tremor.

- **BREAST FEEDING** Most antihistamines are present in breast milk in varying amounts; although not known to be harmful, most manufacturers advise avoiding their use in mothers who are breast-feeding.

- **HEPATIC IMPAIRMENT** Manufacturer advises caution.

- **RENAL IMPAIRMENT** Use with caution.

- **PATIENT AND CARER ADVICE**

Driving and skilled tasks Drowsiness may affect performance of skilled tasks (e.g. cycling or driving); sedating effects enhanced by alcohol.

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- ▶ **Avomine** (Manx Healthcare Ltd)

Promethazine teoclate 25 mg Avomine 25mg tablets | 10 tablet [P] £1.13 | 28 tablet [P] £3.13 DT = £3.13

- ▶ **Vertigon** (Manx Healthcare Ltd)

Promethazine teoclate 25 mg Vertigon 25mg tablets | 28 tablet [P] DT = £3.13

ANTIMUSCARINICS

820

Hyoscine hydrobromide

06-Dec-2019

(Scopolamine hydrobromide)

● INDICATIONS AND DOSE

Motion sickness

- ▶ BY MOUTH
- ▶ Child 4-9 years: 75–150 micrograms, dose to be taken up to 30 minutes before the start of journey, then 75–150 micrograms every 6 hours if required; maximum 450 micrograms per day
- ▶ Child 10-17 years: 150–300 micrograms, dose to be taken up to 30 minutes before the start of journey, then 150–300 micrograms every 6 hours if required; maximum 900 micrograms per day
- ▶ Adult: 150–300 micrograms, dose to be taken up to 30 minutes before the start of journey, then 150–300 micrograms every 6 hours if required; maximum 900 micrograms per day
- ▶ BY TRANSDERMAL APPLICATION
- ▶ Child 10-17 years: Apply 1 patch, apply behind ear 5–6 hours before journey, then apply 1 patch after 72 hours if required, remove old patch and site replacement patch behind the other ear