

Tablet

- ▶ **Levocetirizine hydrochloride (Non-proprietary)**
Levocetirizine dihydrochloride 5 mg Levocetirizine 5mg tablets | 30 tablet [PoM] £4.39 DT = £4.21
- ▶ **Xyzal** (UCB Pharma Ltd)
Levocetirizine dihydrochloride 5 mg Xyzal 5mg tablets | 30 tablet [PoM] £4.39 DT = £4.21

Loratadine

25-Mar-2020

● **INDICATIONS AND DOSE**

Symptomatic relief of allergy such as hay fever, chronic idiopathic urticaria

- ▶ **BY MOUTH**
- ▶ Child 2-11 years (body-weight up to 31 kg): 5 mg once daily
- ▶ Child 2-11 years (body-weight 31 kg and above): 10 mg once daily
- ▶ Child 12-17 years: 10 mg once daily
- ▶ Adult: 10 mg once daily

● **INTERACTIONS** → Appendix 1: antihistamines, non-sedating

● **SIDE-EFFECTS**

- **Common or very common** Drowsiness · nervousness (in children)
- ▶ **Uncommon** Appetite increased · headache (very common in children) · insomnia
- ▶ **Rare or very rare** Alopecia · angioedema · dizziness · dry mouth · fatigue (very common in children) · gastritis · hepatic function abnormal · nausea · palpitations · rash · seizure · tachycardia

SIDE-EFFECTS, FURTHER INFORMATION Non-sedating antihistamines such as loratadine cause less sedation and psychomotor impairment than the older antihistamines, but can still occur; sedation is generally minimal. This is because non-sedating antihistamines penetrate the blood brain barrier to a much lesser extent.

- **PREGNANCY** Most manufacturers of antihistamines advise avoiding their use during pregnancy; however, there is no evidence of teratogenicity.
- **BREAST FEEDING** Most antihistamines are present in breast milk in varying amounts; although not known to be harmful, most manufacturers advise avoiding their use in mothers who are breast-feeding.
- **HEPATIC IMPAIRMENT** Manufacturer advises caution in severe impairment (risk of increased exposure).
Dose adjustments Manufacturer advises initial dose reduction to alternate days in severe impairment.

● **PATIENT AND CARER ADVICE**

Medicines for Children leaflet: Loratadine for allergy symptoms www.medicinesforchildren.org.uk/loratadine-allergy-symptoms

Driving and skilled tasks Although drowsiness is rare, nevertheless patients and their carers should be advised that it can occur and may affect performance of skilled tasks (e.g. cycling or driving); alcohol should be avoided.

● **PROFESSION SPECIFIC INFORMATION****Dental practitioners' formulary**

Loratadine 10 mg tablets may be prescribed.
Loratadine syrup 5 mg/5 mL may be prescribed.

● **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Oral solution

EXCIPIENTS: May contain Propylene glycol

▶ **Loratadine (Non-proprietary)**

Loratadine 1 mg per 1 ml Loratadine 5mg/5ml oral solution | 100 ml [PoM] £1.90 DT = £1.90
Loratadine 5mg/5ml oral solution sugar-free | 100 ml [PoM] £2.85

Tablet

- ▶ **Loratadine (Non-proprietary)**
Loratadine 10 mg Loratadine 10mg tablets | 30 tablet [PoM] £8.95 DT = £8.95
- ▶ **Clarityn (Loratadine)** (Bayer Plc)
Loratadine 10 mg Clarityn Allergy 10mg tablets | 60 tablet [P] £8.85

Mizolastine

12-Mar-2020

● **INDICATIONS AND DOSE**

Symptomatic relief of allergy such as hay fever, urticaria

- ▶ **BY MOUTH**
- ▶ Child 12-17 years: 10 mg once daily
- ▶ Adult: 10 mg once daily

● **CONTRA-INDICATIONS** Cardiac disease · susceptibility to QT-interval prolongation

● **INTERACTIONS** → Appendix 1: antihistamines, non-sedating

● **SIDE-EFFECTS**

- ▶ **Common or very common** Appetite increased · asthenia · diarrhoea · dizziness · drowsiness · dry mouth · gastrointestinal discomfort · headache · nausea · weight increased
- ▶ **Uncommon** Anxiety · arrhythmias · arthralgia · depression · myalgia · palpitations
- ▶ **Rare or very rare** Hypersensitivity
- ▶ **Frequency not known** Asthma exacerbated · bronchospasm · QT interval prolongation

SIDE-EFFECTS, FURTHER INFORMATION Non-sedating antihistamines such as mizolastine cause less sedation and psychomotor impairment than the older antihistamines, but can still occur; sedation is generally minimal. This is because non-sedating antihistamines penetrate the blood brain barrier to a much lesser extent.

● **PREGNANCY** Most manufacturers of antihistamines advise avoiding their use during pregnancy; however, there is no evidence of teratogenicity.

● **BREAST FEEDING** Most antihistamines are present in breast milk in varying amounts; although not known to be harmful, most manufacturers advise avoiding their use in mothers who are breast-feeding.

● **HEPATIC IMPAIRMENT** Manufacturer advises avoid in significant impairment.

● **PATIENT AND CARER ADVICE**

Driving and skilled tasks Although drowsiness is rare, nevertheless patients and their carers should be advised that it can occur and may affect performance of skilled tasks (e.g. cycling or driving); alcohol should be avoided.

● **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Modified-release tablet

CAUTIONARY AND ADVISORY LABELS 25

▶ **Mizollen** (Sanofi)

Mizolastine 10 mg Mizollen 10mg modified-release tablets | 30 tablet [PoM] £6.92 DT = £6.92

Rupatadine

29-Apr-2019

● **DRUG ACTION** Rupatadine is a second generation non-sedating antihistamine.

● **INDICATIONS AND DOSE**

Symptomatic relief of allergic rhinitis and urticaria

- ▶ **BY MOUTH USING TABLETS**
- ▶ Child 12-17 years: 10 mg once daily
- ▶ Adult: 10 mg once daily