

Crotamiton

29-Apr-2020

● INDICATIONS AND DOSE

Pruritus (including pruritus after scabies)

- ▶ TO THE SKIN
- ▶ Child 1 month–2 years (on doctor's advice only): Apply once daily
- ▶ Child 3–17 years: Apply 2–3 times a day
- ▶ Adult: Apply 2–3 times a day

- **CONTRA-INDICATIONS** Acute exudative dermatoses
- **CAUTIONS** Avoid use in buccal mucosa · avoid use near eyes · avoid use on broken skin · avoid use on very inflamed skin · use on doctor's advice for children under 3 years
- **PREGNANCY** Manufacturer advises avoid, especially during the first trimester—no information available.
- **BREAST FEEDING** No information available; avoid application to nipple area.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Cream

EXCIPIENTS: May contain Beeswax, cetostearyl alcohol (including cetyl and stearyl alcohol), fragrances, hydroxybenzoates (parabens)

- ▶ **Eurax** (Thornton & Ross Ltd)

Crotamiton 100 mg per 1 gram Eurax 10% cream | 30 gram [GSL] £2.50 DT = £2.50 | 100 gram [GSL] £4.35 DT = £4.35

Doxepin

05-Jul-2019

● INDICATIONS AND DOSE

Pruritus in eczema

- ▶ TO THE SKIN
- ▶ Child 12–17 years: Apply up to 3 g 3–4 times a day, apply thinly; coverage should be less than 10% of body surface area; maximum 12 g per day
- ▶ Adult: Apply up to 3 g 3–4 times a day, apply thinly; coverage should be less than 10% of body surface area; maximum 12 g per day

- **CAUTIONS** Arrhythmias · avoid application to large areas · mania · severe heart disease · susceptibility to angle-closure glaucoma · urinary retention
- **INTERACTIONS** → Appendix 1: tricyclic antidepressants
- **SIDE-EFFECTS** Constipation · diarrhoea · dizziness · drowsiness · dry eye · dry mouth · dyspepsia · fever · headache · nausea · paraesthesia · skin reactions · suicidal tendencies · taste altered · urinary retention · vision blurred · vomiting
- **PREGNANCY** Manufacturer advises use only if potential benefit outweighs risk.
- **BREAST FEEDING** Manufacturer advises use only if potential benefit outweighs risk.
- **HEPATIC IMPAIRMENT** Manufacturer advises caution in severe impairment.
- **PATIENT AND CARER ADVICE** A patient information leaflet should be provided.
Driving and skilled tasks Drowsiness may affect performance of skilled tasks (e.g. driving).
Effects of alcohol enhanced.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Cream

CAUTIONARY AND ADVISORY LABELS 2, 10

EXCIPIENTS: May contain Benzyl alcohol

- ▶ **Xepin** (Cambridge Healthcare Supplies Ltd)

Doxepin hydrochloride 50 mg per 1 gram Xepin 5% cream | 30 gram [PoM] £13.66 DT = £13.66

MENTHOL AND DERIVATIVES

Levomenthol

● INDICATIONS AND DOSE

Pruritus

- ▶ TO THE SKIN
- ▶ Adult: Apply 1–2 times a day

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug. Forms available from special-order manufacturers include: cream

Cream

- ▶ **AquaSoothe** (Ennogen Healthcare Ltd)

Menthol 10 mg per 1 gram AquaSoothe 1% cream | 100 gram £3.70 DT = £3.97 | 500 gram £15.43 DT = £16.59

Menthol 20 mg per 1 gram AquaSoothe 2% cream | 50 gram £1.86 | 500 gram £15.43 DT = £16.97

- ▶ **Arjun** (Arjun Products Ltd)

Menthol 5 mg per 1 gram Arjun 0.5% cream | 500 gram £15.30 DT = £16.07

Menthol 10 mg per 1 gram Arjun 1% cream | 100 gram £3.25 DT = £3.97 | 500 gram £15.30 DT = £16.59

Menthol 20 mg per 1 gram Arjun 2% cream | 500 gram £15.30 DT = £16.97

- ▶ **Dermacool** (Pern Consumer Products Ltd)

Menthol 5 mg per 1 gram Dermacool 0.5% cream | 100 gram £3.85 | 500 gram £16.07 DT = £16.07

Menthol 10 mg per 1 gram Dermacool 1% cream | 100 gram £3.97 DT = £3.97 | 500 gram £16.59 DT = £16.59

Menthol 20 mg per 1 gram Dermacool 2% cream | 100 gram £4.07 | 500 gram £16.97 DT = £16.97

Menthol 50 mg per 1 gram Dermacool 5% cream | 100 gram £4.69 | 500 gram £17.48

- ▶ **Menthoderm** (Derma UK Ltd)

Menthol 5 mg per 1 gram Menthoderm 0.5% cream | 100 gram £3.12 | 500 gram £14.59 DT = £16.07

Menthol 10 mg per 1 gram Menthoderm 1% cream | 100 gram £3.20 DT = £3.97 | 500 gram £14.79 DT = £16.59

Menthol 20 mg per 1 gram Menthoderm 2% cream | 100 gram £3.85 | 500 gram £14.99 DT = £16.97

6 Rosacea and acne

Rosacea and Acne

Acne

Treatment of acne should be commenced early to prevent scarring. Patients should be counselled that an improvement may not be seen for at least a couple of months. The choice of treatment depends on whether the acne is predominantly inflammatory or comedonal and its severity.

Mild to moderate acne is generally treated with topical preparations. Systemic treatment with oral antibacterials is generally used for *moderate to severe acne* or where topical preparations are not tolerated or are ineffective or where application to the site is difficult. Another oral preparation used for acne is the hormone treatment co-cyprindiol p. 1335 (cyproterone acetate with ethinylestradiol); it is for women only.

Severe acne, acne unresponsive to prolonged courses of oral antibacterials, scarring, or acne associated with psychological problems calls for early referral to a consultant dermatologist who may prescribe isotretinoin p. 1337 for administration by mouth.

Acne: topical preparations

In mild to moderate acne, comedones and inflamed lesions respond well to benzoyl peroxide p. 1336 or to a topical retinoid. Alternatively, topical application of an antibacterial such as erythromycin p. 569 or clindamycin p. 1335 may be