

## Ethinylestradiol with desogestrel

F 840

### ● INDICATIONS AND DOSE

#### Menstrual symptoms with 21-day combined preparations

##### ► BY MOUTH

- Females of childbearing potential: 1 tablet once daily for 21 days; subsequent courses repeated after 7-day interval, withdrawal bleeding occurs during the 7-day interval, if reasonably certain woman is not pregnant, first course can be started on any day of cycle—if starting on day 6 of cycle or later, additional precautions (barrier methods) necessary during first 7 days, tablets should be taken at approximately the same time each day

#### Contraception with 21-day combined preparations

##### ► BY MOUTH

- Females of childbearing potential: 1 tablet once daily for 21 days; subsequent courses repeated after hormone-free interval, withdrawal bleeding occurs during the hormone-free interval, if reasonably certain woman is not pregnant, first course can be started on any day of cycle—if starting on day 6 of cycle or later, additional precautions (barrier methods) necessary during first 7 days, tablets should be taken at approximately the same time each day, see Contraceptives, hormonal p. 835 for recommendations from the FSRH on 'traditional' and 'tailored' regimens in which there is a shortened, less frequent, or no hormone-free interval.

- **INTERACTIONS** → Appendix 1: combined hormonal contraceptives

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

#### Tablet

- **Bimizza** (Morningside Healthcare Ltd)

Ethinylestradiol 20 microgram, Desogestrel 150 microgram  
Bimizza 150microgram/20microgram tablets | 63 tablet [PoM] £5.04  
DT = £5.08

- **Cimizt** (Morningside Healthcare Ltd)

Ethinylestradiol 30 microgram, Desogestrel 150 microgram  
Cimizt 30microgram/150microgram tablets | 63 tablet [PoM] £3.80  
DT = £4.19

- **Gedarel** (Consilient Health Ltd)

Ethinylestradiol 20 microgram, Desogestrel 150 microgram  
Gedarel 20microgram/150microgram tablets | 63 tablet [PoM] £5.08  
DT = £5.08

Ethinylestradiol 30 microgram, Desogestrel 150 microgram  
Gedarel 30microgram/150microgram tablets | 63 tablet [PoM] £4.19  
DT = £4.19

- **Marvelon** (Merck Sharp & Dohme Ltd)

Ethinylestradiol 30 microgram, Desogestrel 150 microgram  
Marvelon tablets | 63 tablet [PoM] £7.10 DT = £4.19

- **Mercilon** (Merck Sharp & Dohme Ltd)

Ethinylestradiol 20 microgram, Desogestrel 150 microgram  
Mercilon 150microgram/20microgram tablets | 63 tablet [PoM] £8.44  
DT = £5.08

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## Ethinylestradiol with drospirenone

### ● INDICATIONS AND DOSE

#### Menstrual symptoms with 21-day combined preparations

##### ► BY MOUTH

- Females of childbearing potential: 1 tablet once daily for 21 days; subsequent courses repeated after 7-day interval, withdrawal bleeding occurs during the 7-day interval

#### Contraception with 21-day combined preparations

##### ► BY MOUTH

- Females of childbearing potential: 1 tablet once daily for 21 days; subsequent courses repeated after hormone-free interval, withdrawal bleeding occurs during the

hormone-free interval, see Contraceptives, hormonal p. 835 for recommendations from the FSRH on 'traditional' and 'tailored' regimens in which there is a shortened, less frequent, or no hormone-free interval.

#### Menstrual symptoms with 28-day combined preparations

##### ► BY MOUTH

- Females of childbearing potential: 1 active tablet once daily for 24 days, followed by 1 inactive tablet once daily for 4 days, to be started on day 1 of cycle with first active tablet (withdrawal bleeding may occur during the 4-day interval of inactive tablets); subsequent courses repeated without interval

#### Contraception with 28-day combined preparations

##### ► BY MOUTH

- Females of childbearing potential: 1 active tablet once daily for 24 days, followed by 1 inactive tablet once daily for 4 days, to be started on day 1 of cycle with first active tablet (withdrawal bleeding may occur during the 4-day interval of inactive tablets); subsequent courses repeated without interval, see Contraceptives, hormonal p. 835 for recommendations from the FSRH on 'tailored' regimens in which there is a shortened, less frequent, or no interval where *inactive* tablets are taken.

- **INTERACTIONS** → Appendix 1: combined hormonal contraceptives

#### ● SIDE-EFFECTS

- **Common or very common** Breast abnormalities · depressed mood · increased risk of infection · menstrual disorder · vaginal discharge
- **Uncommon** Diarrhoea · hypotension · sexual dysfunction · skin reactions · vomiting · weight decreased
- **Rare or very rare** Arterial thromboembolism · asthma · erythema nodosum · hearing impairment
- **PATIENT AND CARER ADVICE**  
Pill-free interval Withdrawal bleeding can occur during the 7-day tablet-free interval.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

#### Tablet

- **Dretine** (Theramex HQ UK Ltd)

Ethinylestradiol 30 microgram, Drospirenone 3 mg Dretine  
0.03mg/3mg tablets | 63 tablet [PoM] £8.34 DT = £14.70

- **ELOINE** (Bayer Plc)

Ethinylestradiol 20 microgram, Drospirenone 3 mg Eloine  
0.02mg/3mg tablets | 84 tablet [PoM] £14.70 DT = £14.70

- **Lucette** (Consilient Health Ltd)

Ethinylestradiol 30 microgram, Drospirenone 3 mg Lucette  
0.03mg/3mg tablets | 63 tablet [PoM] £9.35 DT = £14.70

- **Yacella** (Morningside Healthcare Ltd)

Ethinylestradiol 30 microgram, Drospirenone 3 mg Yacella  
0.03mg/3mg tablets | 63 tablet [PoM] £8.30 DT = £14.70

- **Yasmin** (Bayer Plc)

Ethinylestradiol 30 microgram, Drospirenone 3 mg Yasmin  
tablets | 63 tablet [PoM] £14.70 DT = £14.70

- **Yiznell** (Lupin Healthcare (UK) Ltd)

Ethinylestradiol 30 microgram, Drospirenone 3 mg Yiznell  
0.03mg/3mg tablets | 63 tablet [PoM] £8.30 DT = £14.70

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## Ethinylestradiol with etonogestrel

### ● INDICATIONS AND DOSE

#### Menstrual symptoms

##### ► BY VAGINA

- Females of childbearing potential: 1 unit, insert the ring into the vagina on day 1 of cycle and leave in for 3 weeks; remove ring on day 22; subsequent courses repeated after 7-day ring free interval (during which withdrawal bleeding occurs) continued →