

**Hypertension**

- ▶ BY MOUTH
- ▶ Adult: 25 mg daily, dose to be taken in the morning, then increased if necessary to 50 mg daily

**Mild to moderate chronic heart failure**

- ▶ BY MOUTH
- ▶ Adult: 25–50 mg daily, dose to be taken in the morning, then increased if necessary to 100–200 mg daily, reduce to lowest effective dose for maintenance

**Nephrogenic diabetes insipidus | Partial pituitary diabetes insipidus**

- ▶ BY MOUTH
- ▶ Adult: Initially 100 mg twice daily, then reduced to 50 mg daily

- **INTERACTIONS** → Appendix 1: thiazide diuretics
- **SIDE-EFFECTS**
  - ▶ **Common or very common** Appetite decreased · gastrointestinal discomfort
  - ▶ **Uncommon** Gout
  - ▶ **Rare or very rare** Arrhythmia · diabetes mellitus exacerbated · eosinophilia · glycosuria · hepatic disorders · nephritis tubulointerstitial · pulmonary oedema · respiratory disorder
- **BREAST FEEDING** The amount present in milk is too small to be harmful. Large doses may suppress lactation.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug. Forms available from special-order manufacturers include: oral suspension

**Tablet**

- ▶ **Chlortalidone (Non-proprietary)**  
Chlortalidone 25 mg Chlortalidone 25mg tablets | 100 tablet [PoM](#) [S](#)
- ▶ **Chlortalidone 50 mg** Chlortalidone 50mg tablets | 30 tablet [PoM](#) £90.55 DT = £88.04

Combinations available: *Triamterene with chlortalidone*, p. 244

## Co-triamterzide

The properties listed below are those particular to the combination only. For the properties of the components please consider, triamterene p. 244, hydrochlorothiazide p. 178.

**● INDICATIONS AND DOSE****Hypertension**

- ▶ BY MOUTH
- ▶ Adult: 50/25 mg daily, increased if necessary up to 200/100 mg daily, dose to be taken after breakfast

**Oedema**

- ▶ BY MOUTH
- ▶ Adult: 50/25 mg twice daily, to be taken after breakfast and after midday meal, increased if necessary to 150/75 mg daily, to be taken as 100/50 mg after breakfast and 50/25 mg after midday meal; maintenance 50/25 mg daily, alternatively maintenance 100/50 mg once daily on alternate days; maximum 200/100 mg per day

**DOSE EQUIVALENCE AND CONVERSION**

- ▶ Dose expressed as x/y mg of triamterene/hydrochlorothiazide.

- **INTERACTIONS** → Appendix 1: potassium-sparing diuretics · thiazide diuretics
- **PATIENT AND CARER ADVICE** Urine may look slightly blue in some lights.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

**Tablet**

CAUTIONARY AND ADVISORY LABELS 14, 21

- ▶ **Dyazide** (Advanz Pharma)

Hydrochlorothiazide 25 mg, Triamterene 50 mg Dyazide 50mg/25mg tablets | 30 tablet [PoM](#) £0.95 DT = £0.95

F 176

## Metolazone

**● INDICATIONS AND DOSE****Oedema**

- ▶ BY MOUTH
- ▶ Adult: 5–10 mg daily, dose to be taken in the morning; increased if necessary to 20 mg daily, dose increased in resistant oedema; maximum 80 mg per day

**Hypertension**

- ▶ BY MOUTH
- ▶ Adult: Initially 5 mg daily, dose to be taken in the morning; maintenance 5 mg once daily on alternate days

- **CAUTIONS** Acute porphyrias p. 1120
- **INTERACTIONS** → Appendix 1: thiazide diuretics
- **SIDE-EFFECTS** Appetite decreased · arthralgia · asthenia · chest discomfort · chills · drowsiness · gastrointestinal discomfort · glycosuria · gout aggravated · haemoconcentration · hepatic disorders · hypoplastic anaemia · hypovolaemia · muscle complaints · palpitations · peripheral neuropathy · psychotic depression · severe cutaneous adverse reactions (SCARs) · syncope · vasculitis · venous thrombosis · vertigo · vision blurred
- **BREAST FEEDING** The amount present in milk is too small to be harmful. Large doses may suppress lactation.
- **DIRECTIONS FOR ADMINISTRATION** Tablets may be crushed and mixed with water immediately before use.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug. Forms available from special-order manufacturers include: tablet, oral suspension, oral solution

**Tablet**

- ▶ **Zaroxolyn (Imported (Canada))**

Metolazone 2.5 mg Zaroxolyn 2.5mg tablets | 100 tablet [PoM](#) [S](#)  
Metolazone 5 mg Zaroxolyn 5mg tablets | 50 tablet [PoM](#) [S](#)

F 176

## Xipamide

**● INDICATIONS AND DOSE****Oedema**

- ▶ BY MOUTH
- ▶ Adult: Initially 40 mg daily, dose to be taken in the morning, increased if necessary to 80 mg daily, higher dose to be used in resistant cases; maintenance 20 mg daily, dose to be taken in the morning

**Hypertension**

- ▶ BY MOUTH
- ▶ Adult: 20 mg daily, dose to be taken in the morning

- **CAUTIONS** Acute porphyrias p. 1120
- **INTERACTIONS** → Appendix 1: thiazide diuretics
- **SIDE-EFFECTS**
  - ▶ **Common or very common** Anxiety · gastrointestinal discomfort · gouty arthritis · hyperhidrosis · lethargy · muscle complaints · palpitations
  - ▶ **Rare or very rare** Cholecystitis acute · hyperlipidaemia · jaundice · nephritis acute interstitial · pancreatitis haemorrhagic · vision disorders
- **BREAST FEEDING** No information available.