

F 517

Dienogest with estradiol valerate

● INDICATIONS AND DOSE

Contraception with 28-day combined preparations | Menstrual symptoms with 28-day combined preparations

► BY MOUTH

► Females of childbearing potential: 1 active tablet daily for 26 days, followed by 1 inactive tablet daily for 2 days, to be started on day 1 of cycle with first active tablet (withdrawal bleeding may occur during the 2-day interval of inactive tablets); subsequent courses repeated without interval

- **UNLICENSED USE** Consult product literature for the licensing status.
- **INTERACTIONS** → Appendix 1: combined hormonal contraceptives
- **SIDE-EFFECTS**
 - **Common or very common** Breast abnormalities · gastrointestinal discomfort · increased risk of infection · menstrual cycle irregularities
 - **Uncommon** Appetite increased · cervical abnormalities · crying · depression · diarrhoea · dizziness · fatigue · haemorrhage · hot flush · hyperhidrosis · mood altered · muscle spasms · neoplasms · oedema · ovarian and fallopian tube disorders · painful sexual intercourse · pelvic disorders · sexual dysfunction · skin reactions · sleep disorders · uterine cramps · vomiting · vulvovaginal disorders · weight decreased
 - **Rare or very rare** Aggression · anxiety · arterial thromboembolism · asthma · chest pain · cholecystitis chronic · concentration impaired · constipation · contact lens intolerance · dry eye · dry mouth · dyspnoea · eye swelling · fever · galactorrhoea · gastroesophageal reflux disease · genital discharge · hair changes · hypertriglyceridaemia · hypotension · lymphadenopathy · malaise · myocardial infarction · pain · palpitations · paraesthesia · seborrhoea · sensation of pressure · urinary tract pain · vascular disorders · vertigo
- **DIRECTIONS FOR ADMINISTRATION** Changing to *Qlaira*® Start the first active *Qlaira*® tablet on the day after taking the last active tablet of the previous brand.
- **PATIENT AND CARER ADVICE** Diarrhoea and vomiting In cases of persistent vomiting or severe diarrhoea lasting more than 12 hours in women taking *Qlaira*®, refer to product literature. **Missed doses** A missed pill for a patient taking *Qlaira*® is one that is 12 hours or more late; for information on how to manage missed pills in women taking *Qlaira*®, refer to product literature.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Tablet

► *Qlaira* (Bayer Plc)
Qlaira tablets | 84 tablet [PoM] £25.18

F 517

Estradiol with nomegestrol

● INDICATIONS AND DOSE

Contraception

► BY MOUTH

► Females of childbearing potential: 1 active tablet daily for 24 days, followed by 1 inactive tablet daily for 4 days, to be started on day 1 of cycle with first active tablet (withdrawal bleeding occurs when inactive tablets being taken); subsequent courses repeated without interval

- **INTERACTIONS** → Appendix 1: combined hormonal contraceptives
- **SIDE-EFFECTS**
 - **Common or very common** Breast abnormalities · depression · menstrual cycle irregularities · mood altered · pelvic pain · sexual dysfunction
 - **Uncommon** Abdominal distension · appetite abnormal · galactorrhoea · hot flush · hyperhidrosis · oedema · painful sexual intercourse · seborrhoea · sensation of pressure · skin reactions · uterine cramps · vulvovaginal disorders
 - **Rare or very rare** Cerebrovascular insufficiency · concentration impaired · contact lens intolerance · dry eye · dry mouth · gallbladder disorders · hypertrichosis
- **PREGNANCY** Toxicity in *animal* studies.
- **DIRECTIONS FOR ADMINISTRATION** *Zoely*® (*every day (ED) combined (monophasic) preparation*), 1 active tablet daily for 24 days, followed by 1 inactive tablet daily for 4 days, starting on day 1 of cycle with first active tablet; subsequent courses repeated without interval (withdrawal bleeding occurs when inactive tablets being taken). Changing to *Zoely*® Start the first active *Zoely*® tablet on the day after taking the last active tablet of the previous brand or, at the latest, the day after the tablet-free or inactive tablet interval of the previous brand.
- **PATIENT AND CARER ADVICE** Diarrhoea and vomiting In cases of persistent vomiting or severe diarrhoea lasting more than 12 hours in women taking *Zoely*®, refer to product literature. **Missed doses** A missed pill for a patient taking *Zoely*® is one that is 12 hours or more late; for information on how to manage missed pills in women taking *Zoely*®, refer to product literature.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Tablet

► *Zoely* (Merck Sharp & Dohme Ltd) ▼

Estradiol (as Estradiol hemihydrate) 1.5 mg, Nomegestrol acetate 2.5 mg *Zoely* 2.5mg/1.5mg tablets | 84 tablet [PoM] £19.80 DT = £19.80

F 517

Ethinylestradiol with desogestrel

● INDICATIONS AND DOSE

Contraception with 21-day combined preparations | Menstrual symptoms with 21-day combined preparations

► BY MOUTH

► Females of childbearing potential: 1 tablet once daily for 21 days; subsequent courses repeated after 7-day interval, withdrawal bleeding occurs during the 7-day interval, if reasonably certain woman is not pregnant, first course can be started on any day of cycle—if starting on day 6 of cycle or later, additional precautions (barrier methods) necessary during first 7 days, tablets should be taken at approximately the same time each day

- **UNLICENSED USE** Consult product literature for the licensing status.
- **INTERACTIONS** → Appendix 1: combined hormonal contraceptives

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Tablet

► *Alenvona* (Teva UK Ltd)

Ethinylestradiol 30 microgram, Desogestrel 150 microgram *Alenvona* 150microgram/30microgram tablets | 63 tablet [PoM] £6.13 DT = £4.19