

## ANTISEPTICS AND DISINFECTANTS &gt; PEROXIDES

## Benzoyl peroxide

## ● INDICATIONS AND DOSE

**Acne vulgaris**

- ▶ TO THE SKIN
- ▶ Child 12–17 years: Apply 1–2 times a day, preferably apply after washing with soap and water, start treatment with lower-strength preparations

**Infantile acne**

- ▶ TO THE SKIN
- ▶ Child 1 month–1 year: Apply 1–2 times a day, start treatment with lower-strength preparations

- **UNLICENSED USE** Not licensed for use in treatment of infantile acne.
- **CAUTIONS** Avoid contact with broken skin · avoid contact with eyes · avoid contact with mouth · avoid contact with mucous membranes · avoid excessive exposure to sunlight
- **SIDE-EFFECTS**
  - ▶ **Common or very common** Skin reactions
  - ▶ **Frequency not known** Facial swelling
- SIDE-EFFECTS, FURTHER INFORMATION** Reduce frequency or suspend use until skin irritation subsides and re-introduce at reduced frequency.
- **PATIENT AND CARER ADVICE** May bleach fabrics and hair.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

**Cream**

EXCIPIENTS: May contain Cetostearyl alcohol (including cetyl and stearyl alcohol), fragrances, isopropyl palmitate, propylene glycol

- ▶ **Brevoxyl** (GlaxoSmithKline Consumer Healthcare)

**Benzoyl peroxide 40 mg per 1 gram** Brevoxyl 4% cream | 50 gram [P] £4.13 DT = £4.13

**Gel**

EXCIPIENTS: May contain Fragrances, propylene glycol

- ▶ **Acnecide** (Galderma (UK) Ltd)

**Benzoyl peroxide 50 mg per 1 gram** Acnecide 5% gel | 30 gram [P] £5.44 DT = £5.44 | 60 gram [P] £10.68 DT = £10.68  
**Acnecide Wash 5% gel** | 50 gram [P] £5.44 DT = £5.44

Combinations available: **Adapalene with benzoyl peroxide**, p. 780

## Benzoyl peroxide with clindamycin

The properties listed below are those particular to the combination only. For the properties of the components please consider, benzoyl peroxide above, clindamycin p. 778.

## ● INDICATIONS AND DOSE

**Acne vulgaris**

- ▶ TO THE SKIN
- ▶ Child 12–17 years: Apply once daily, dose to be applied in the evening

- **INTERACTIONS** → Appendix 1: clindamycin

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

**Gel**

EXCIPIENTS: May contain Disodium edetate

- ▶ **Duac** (Stiefel Laboratories (UK) Ltd)

**Clindamycin (as Clindamycin phosphate) 10 mg per 1 gram, Benzoyl peroxide 30 mg per 1 gram** Duac Once Daily gel (3% and 1%) | 30 gram [PoM] £13.14 DT = £13.14 | 60 gram [PoM] £26.28  
**Clindamycin (as Clindamycin phosphate) 10 mg per 1 gram, Benzoyl peroxide 50 mg per 1 gram** Duac Once Daily gel (5% and 1%) | 30 gram [PoM] £13.14 DT = £13.14 | 60 gram [PoM] £26.28 DT = £26.28

## DERMATOLOGICAL DRUGS &gt; ANTICOMEDONALS

## Azelaic acid

## ● INDICATIONS AND DOSE

## FINACEA®

**Facial acne vulgaris**

- ▶ TO THE SKIN
- ▶ Child 12–17 years: Apply twice daily, discontinue if no improvement after 1 month

## SKINOREN®

**Acne vulgaris**

- ▶ TO THE SKIN
- ▶ Child 12–17 years: Apply twice daily

**Acne vulgaris in patients with sensitive skin**

- ▶ TO THE SKIN
- ▶ Child 12–17 years: Apply once daily for 1 week, then apply twice daily

- **CAUTIONS** Avoid contact with eyes · avoid contact with mouth · avoid contact with mucous membranes
- **SIDE-EFFECTS**
  - ▶ **Uncommon** Skin reactions
  - ▶ **Rare or very rare** Asthma exacerbated · cheilitis
  - ▶ **Frequency not known** Angioedema · eye swelling
- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

**Cream**

EXCIPIENTS: May contain Propylene glycol

- ▶ **Skinoren** (Bayer Plc)

**Azelaic acid 200 mg per 1 gram** Skinoren 20% cream | 30 gram [PoM] £4.49 DT = £4.49

**Gel**

EXCIPIENTS: May contain Disodium edetate, polysorbates, propylene glycol

- ▶ **Finacea** (Bayer Plc)

**Azelaic acid 150 mg per 1 gram** Finacea 15% gel | 30 gram [PoM] £7.48 DT = £7.48

## RETINOID AND RELATED DRUGS

## Adapalene

## ● INDICATIONS AND DOSE

**Mild to moderate acne vulgaris**

- ▶ TO THE SKIN
- ▶ Child 12–17 years: Apply once daily, apply thinly in the evening

**Infantile acne**

- ▶ TO THE SKIN
- ▶ Child 1 month–1 year: Apply once daily, apply thinly in the evening

- **UNLICENSED USE** Not licensed for use in infantile acne.
- **CAUTIONS** Avoid accumulation in angles of the nose · avoid contact with eyes, nostrils, mouth and mucous membranes, eczematous, broken or sunburned skin · avoid exposure to UV light (including sunlight, solariums) · avoid in severe acne involving large areas · caution in sensitive areas such as the neck
- **INTERACTIONS** → Appendix 1: retinoids
- **CONCEPTION AND CONTRACEPTION** Females of child-bearing age must use effective contraception (oral progesterone-only contraceptives not considered effective).
- **PREGNANCY** Avoid.
- **BREAST FEEDING** Amount of drug in milk probably too small to be harmful; ensure infant does not come in contact with treated areas.