

- ▶ **Bimizza** (Morningside Healthcare Ltd)
Ethinylestradiol 20 microgram, Desogestrel 150 microgram Bimizza 150microgram/20microgram tablets | 63 tablet [PoM] £5.04 DT = £5.08
- ▶ **Climizt** (Morningside Healthcare Ltd)
Ethinylestradiol 30 microgram, Desogestrel 150 microgram Cimizt 30microgram/150microgram tablets | 63 tablet [PoM] £3.80 DT = £4.19
- ▶ **Gedarel** (Consilient Health Ltd)
Ethinylestradiol 20 microgram, Desogestrel 150 microgram Gedarel 20microgram/150microgram tablets | 63 tablet [PoM] £5.08 DT = £5.08
- ▶ **Ethinylestradiol 30 microgram, Desogestrel 150 microgram** Gedarel 30microgram/150microgram tablets | 63 tablet [PoM] £4.19 DT = £4.19
- ▶ **Marvelon** (Merck Sharp & Dohme Ltd)
Ethinylestradiol 30 microgram, Desogestrel 150 microgram Marvelon tablets | 63 tablet [PoM] £7.10 DT = £4.19
- ▶ **Mercilon** (Merck Sharp & Dohme Ltd)
Ethinylestradiol 20 microgram, Desogestrel 150 microgram Mercilon 150microgram/20microgram tablets | 63 tablet [PoM] £8.44 DT = £5.08
- ▶ **Munalea** (Lupin Healthcare (UK) Ltd)
Ethinylestradiol 20 microgram, Desogestrel 150 microgram Munalea 150microgram/20microgram tablets | 63 tablet [PoM] £5.07 DT = £5.08
- ▶ **Ethinylestradiol 30 microgram, Desogestrel 150 microgram** Munalea 150microgram/30microgram tablets | 63 tablet [PoM] £4.18 DT = £4.19

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Ethinylestradiol with drospirenone

● INDICATIONS AND DOSE

Contraception with 21-day combined preparations | Menstrual symptoms with 21-day combined preparations

- ▶ **BY MOUTH**
- ▶ Females of childbearing potential: 1 tablet once daily for 21 days; subsequent courses repeated after 7-day interval, withdrawal bleeding occurs during the 7-day interval
- **UNLICENSED USE** Consult product literature for the licensing status.
- **INTERACTIONS** → Appendix 1: combined hormonal contraceptives
- **SIDE-EFFECTS**
- ▶ **Common or very common** Breast abnormalities · depressed mood · increased risk of infection · menstrual disorder · vaginal discharge
- ▶ **Uncommon** Diarrhoea · hypotension · sexual dysfunction · skin reactions · vomiting · weight decrease
- ▶ **Rare or very rare** Arterial thromboembolism · asthma · erythema nodosum · hearing impairment
- **PATIENT AND CARER ADVICE**
- Pill-free interval Withdrawal bleeding can occur during the 7-day tablet-free interval.
- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Tablet

- ▶ **Dretine** (Theramex HQ UK Ltd)
Ethinylestradiol 30 microgram, Drospirenone 3 mg Dretine 0.03mg/3mg tablets | 63 tablet [PoM] £8.34 DT = £14.70
- ▶ **ELOINE** (Bayer Plc)
Ethinylestradiol 20 microgram, Drospirenone 3 mg Eloine 0.02mg/3mg tablets | 84 tablet [PoM] £14.70 DT = £14.70
- ▶ **Lucette** (Consilient Health Ltd)
Ethinylestradiol 30 microgram, Drospirenone 3 mg Lucette 0.03mg/3mg tablets | 63 tablet [PoM] £9.35 DT = £14.70
- ▶ **Yacella** (Morningside Healthcare Ltd)
Ethinylestradiol 30 microgram, Drospirenone 3 mg Yacella 0.03mg/3mg tablets | 63 tablet [PoM] £8.30 DT = £14.70

- ▶ **Yasmin** (Bayer Plc)
Ethinylestradiol 30 microgram, Drospirenone 3 mg Yasmin tablets | 63 tablet [PoM] £14.70 DT = £14.70
- ▶ **Yiznell** (Lupin Healthcare (UK) Ltd)
Ethinylestradiol 30 microgram, Drospirenone 3 mg Yiznell 0.03mg/3mg tablets | 63 tablet [PoM] £8.30 DT = £14.70

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Ethinylestradiol with etonogestrel

● INDICATIONS AND DOSE

Contraception | Menstrual symptoms

- ▶ **BY VAGINA**
- ▶ Females of childbearing potential: 1 unit, insert the ring into the vagina on day 1 of cycle and leave in for 3 weeks; remove ring on day 22; subsequent courses repeated after 7-day ring free interval (during which withdrawal bleeding occurs)

- **INTERACTIONS** → Appendix 1: combined hormonal contraceptives
- **DIRECTIONS FOR ADMINISTRATION**
- Changing method of contraception to vaginal ring Changing from combined hormonal contraception Insert ring at the latest on the day after the usual tablet-free, patch-free, or inactive-tablet interval. If previous contraceptive used correctly, or pregnancy can reasonably be excluded, can switch to ring on any day of cycle.
- Changing from progestogen-only method From an implant or intra-uterine progestogen-only device, insert ring on the day implant or intra-uterine progestogen-only device removed; from an injection, insert ring when next injection due; from oral preparation, first ring may be inserted on any day after stopping pill. For all methods additional precautions (barrier methods) should be used concurrently for first 7 days.

- **PATIENT AND CARER ADVICE** Patients or carers should be given advice on how to administer vaginal ring. Counselling The presence of the ring should be checked regularly.

Missed doses

Expulsion, delayed insertion or removal, or broken vaginal ring If the vaginal ring is expelled for *less than 3 hours*, rinse the ring with cool water and reinsert immediately; no additional contraception is needed.

If the ring remains outside the vagina for *more than 3 hours* or if the user does not know when the ring was expelled, contraceptive protection may be reduced:

- If ring expelled during week 1 or 2 of cycle, rinse ring with cool water and reinsert; use additional precautions (barrier methods) for next 7 days;
- If ring expelled during week 3 of cycle, either insert a new ring to start a new cycle or allow a withdrawal bleed and insert a new ring no later than 7 days after ring was expelled; latter option only available if ring was used continuously for at least 7 days before expulsion.

If insertion of a new ring at the start of a new cycle is delayed, contraceptive protection is lost. A new ring should be inserted as soon as possible; additional precautions (barrier methods) should be used for the first 7 days of the new cycle. If intercourse occurred during the extended ring-free interval, pregnancy should be considered.

No additional contraception is required if removal of the ring is delayed by up to 1 week (4 weeks of continuous use). The 7-day ring-free interval should be observed and subsequently a new ring should be inserted. Contraceptive protection may be reduced with continuous use of the ring for more than 4 weeks—pregnancy should be ruled out before inserting a new ring.

If the ring breaks during use, remove it and insert a new ring immediately; additional precautions (barrier methods) should be used for the first 7 days of the new cycle.