

- ▶ Child 12–17 years: 118 mL

### FLEET® READY-TO-USE ENEMA

**Constipation | Bowel evacuation before abdominal radiological procedures | Bowel evacuation before endoscopy | Bowel evacuation before surgery**

#### ▶ BY RECTUM

- ▶ Child 3–6 years: 40–60 mL once daily
- ▶ Child 7–11 years: 60–90 mL once daily
- ▶ Child 12–17 years: 90–118 mL once daily

- **CONTRA-INDICATIONS** Conditions associated with increased colonic absorption · gastro-intestinal obstruction · inflammatory bowel disease
- **CAUTIONS** Ascites · congestive heart failure · debilitated patients · fluid and electrolyte disturbances · uncontrolled hypertension
- **INTERACTIONS** → Appendix 1: bowel cleansing preparations
- **SIDE-EFFECTS**
- ▶ **Rare or very rare** Chills · dehydration · electrolyte imbalance · gastrointestinal discomfort · metabolic acidosis · nausea · pain · vomiting
- **RENAL IMPAIRMENT** Use with caution.
- **PRESCRIBING AND DISPENSING INFORMATION** When prepared extemporaneously, the BP states Phosphates Enema BP Formula B consists of sodium dihydrogen phosphate dihydrate 12.8 g, disodium phosphate dodecahydrate 10.24 g, purified water, freshly boiled and cooled, to 128 mL.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

#### Enema

- ▶ **Sodium acid phosphate with sodium phosphate (Non-proprietary)**  
Disodium hydrogen phosphate dodecahydrate 80 mg per 1 ml, Sodium dihydrogen phosphate dihydrate 100 mg per 1 ml Phosphates enema (Formula B) 128ml long tube | 1 enema [P] £27.93 DT = £27.93  
Phosphates enema (Formula B) 128ml standard tube | 1 enema [P] £27.93 DT = £27.93
- ▶ **Fleet Ready-to-use** (Casen Recordati S.L.)  
Disodium hydrogen phosphate dodecahydrate 80 mg per 1 ml, Sodium dihydrogen phosphate dihydrate 181 mg per 1 ml Clean Ready-to-use 133ml enema | 1 enema [P] £1.95 DT = £1.95

## Sodium citrate

18-May-2020

### ● INDICATIONS AND DOSE

**Constipation (dose approved for use by community practitioner nurse prescribers)**

#### ▶ BY RECTUM

- ▶ Child 3–17 years: 5 mL for 1 dose

#### MICOLETTE®

#### Constipation

#### ▶ BY RECTUM

- ▶ Child 3–17 years: 5–10 mL for 1 dose

#### MICRALAX®

#### Constipation

#### ▶ BY RECTUM

- ▶ Child 3–17 years: 5 mL for 1 dose

#### RELAXIT®

#### Constipation

#### ▶ BY RECTUM

- ▶ Child 1 month–2 years: 5 mL for 1 dose, insert only half the nozzle length
- ▶ Child 3–17 years: 5 mL for 1 dose

- **CONTRA-INDICATIONS** Acute gastro-intestinal conditions

- **CAUTIONS** Sodium and water retention in susceptible individuals
- **INTERACTIONS** → Appendix 1: sodium citrate
- **SIDE-EFFECTS** Polyuria

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

#### Enema

- ▶ **Micolette Micro-enema** (Pinewood Healthcare)  
Sodium citrate 90 mg per 1 ml Micolette Micro-enema 5ml | 12 enema [P] £4.50
- ▶ **Micralax Micro-enema** (RPH Pharmaceuticals AB)  
Sodium citrate 90 mg per 1 ml Micralax Micro-enema 5ml | 12 enema [P] £4.87
- ▶ **Relaxit** (Supra Enterprises Ltd)  
Sodium citrate 90 mg per 1 ml Relaxit Micro-enema 5ml | 12 enema £5.21

## LAXATIVES > SOFTENING LAXATIVES

### Arachis oil

09-Mar-2020

### ● INDICATIONS AND DOSE

#### To soften impacted faeces

#### ▶ BY RECTUM

- ▶ Child 3–6 years (under close medical supervision): 45–65 mL as required
- ▶ Child 7–11 years (under close medical supervision): 65–100 mL as required
- ▶ Child 12–17 years (under close medical supervision): 100–130 mL as required

- **UNLICENSED USE** Licensed for use in children (age range not specified by manufacturer).
- **CONTRA-INDICATIONS** Inflammatory bowel disease (except under medical supervision)
- **CAUTIONS** Hypersensitivity to soya · intestinal obstruction
- **ALLERGY AND CROSS-SENSITIVITY** Contra-indicated if history of hypersensitivity to arachis oil or peanuts.
- **DIRECTIONS FOR ADMINISTRATION** Warm enema in warm water before use.
- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

#### Enema

#### ▶ Arachis oil (Non-proprietary)

- Arachis oil 1 ml per 1 ml Arachis oil 130ml enema | 1 enema [P] £47.50 DT = £47.50

## Docusate sodium

16-Mar-2020

### (Diocetyl sodium sulphosuccinate)

### ● INDICATIONS AND DOSE

#### Chronic constipation

#### ▶ BY MOUTH

- ▶ Child 6–23 months: 12.5 mg 3 times a day, adjusted according to response, use paediatric oral solution
- ▶ Child 2–11 years: 12.5–25 mg 3 times a day, adjusted according to response, use paediatric oral solution
- ▶ Child 12–17 years: Up to 500 mg daily in divided doses, adjusted according to response

#### ▶ BY RECTUM

- ▶ Child 12–17 years: 120 mg for 1 dose

#### Adjunct in abdominal radiological procedures

#### ▶ BY MOUTH

- ▶ Child 12–17 years: 400 mg, to be administered with barium meal

#### ▶ BY RECTUM

- ▶ Child 12–17 years: 120 mg for 1 dose

continued →