

for the treatment of periorificial rosacea; oral metronidazole is used to treat wounds infected with anaerobic bacteria.

Silver sulfadiazine p. 775 is licensed for the prevention and treatment of infection in burns but the use of appropriate dressings may be more effective. Systemic effects may occur following extensive application of silver sulfadiazine; its use is not recommended in neonates.

Antibacterial preparations also used systemically

Fusidic acid is a narrow-spectrum antibacterial used for staphylococcal infections.

An ointment containing fusidic acid is used in the fissures of angular cheilitis when associated with staphylococcal infection. See Oropharyngeal fungal infections p. 762 for further information on angular cheilitis.

Metronidazole is used topically to treat rosacea and to reduce the odour associated with anaerobic infections; oral metronidazole is used to treat wounds infected with anaerobic bacteria.

Antifungal preparations for the skin

Most localised fungal infections are treated with topical preparations. To prevent relapse, local antifungal treatment should be continued for 1–2 weeks after the disappearance of all signs of infection. Systemic therapy is necessary for scalp infection or if the skin infection is widespread, disseminated or intractable; although topical therapy may be used to treat some nail infections, systemic therapy is more effective. Specimens of scale, nail or hair should be sent for mycological examination before starting treatment, unless the diagnosis is certain.

Dermatophytoses

Ringworm infection can affect the scalp (*tinea capitis*), body (*tinea corporis*), groin (*tinea cruris*), hand (*tinea manuum*), foot (*tinea pedis*, athlete's foot), or nail (*tinea unguium*, onychomycosis). *Tinea capitis* is a common childhood infection that requires systemic treatment with an oral antifungal; additional application of a topical antifungal, during the early stages of treatment, may reduce the risk of transmission. A topical antifungal can also be used to treat asymptomatic carriers of scalp ringworm.

Tinea corporis and *tinea pedis* infections in children respond to treatment with a topical **imidazole** (clotrimazole p. 776, econazole nitrate p. 776, or miconazole p. 777) or terbinafine cream p. 778. Nystatin p. 763 is less effective against *tinea*.

Compound benzoic acid ointment (Whitfield's ointment) has been used for ringworm infections but it is cosmetically less acceptable than proprietary preparations. Antifungal dusting powders are of little therapeutic value in the treatment of fungal skin infections and may cause skin irritation; they may have some role in preventing re-infection.

Antifungal treatment may not be necessary in asymptomatic children with *tinea* infection of the nails. If treatment is necessary, a systemic antifungal is more effective than topical therapy. However, topical application of tioconazole p. 777 may be useful for treating early onychomycosis when involvement is limited to mild distal disease, or for superficial white onychomycosis, or where there are contra-indications to systemic therapy. Chronic paronychia on the fingers (usually due to a candidal infection) should be treated with topical clotrimazole or nystatin, but these preparations should be used with caution in children who suck their fingers. Chronic paronychia of the toes (usually due to dermatophyte infection) can be treated with topical terbinafine.

Pityriasis versicolor

Pityriasis (*tinea*) versicolor can be treated with ketoconazole shampoo p. 777 or **selenium sulfide** shampoo. Topical imidazole antifungals such as clotrimazole, econazole

nitrate and miconazole or topical terbinafine are alternatives, but large quantities may be required.

If topical therapy fails, or if the infection is widespread, pityriasis versicolor is treated systemically with an azole antifungal. Relapse is common, especially in the immunocompromised.

Candidiasis

Candidal skin infections can be treated with topical imidazole antifungals clotrimazole, econazole nitrate, or miconazole; topical terbinafine is an alternative. Topical application of nystatin is also effective for candidiasis but it is ineffective against dermatophytosis. Refractory candidiasis requires systemic treatment generally with a triazole such as fluconazole p. 407; systemic treatment with griseofulvin p. 412 or terbinafine is **not appropriate** for refractory candidiasis. See the treatment of oral candidiasis and for the management of nappy rash.

Angular cheilitis

Miconazole cream is used in the fissures of angular cheilitis when associated with *Candida*.

Compound topical preparations

Combination of an imidazole and a mild corticosteroid (such as hydrocortisone 1% p. 790) may be of value in the treatment of eczematous intertrigo and, in the first few days only, of a severely inflamed patch of ringworm. Combination of a mild corticosteroid with either an imidazole or nystatin p. 763 may be of use in the treatment of *intertriginous eczema* associated with candida.

Antiviral preparations for the skin

Aciclovir cream p. 781 is used for the treatment of initial and recurrent labial, cutaneous, and genital *herpes simplex infections* in children; treatment should begin as early as possible. Systemic treatment is necessary for buccal or vaginal infections or if cold sores recur frequently.

Herpes labialis

Aciclovir cream can be used for the treatment of initial and recurrent labial herpes simplex infections (cold sores). It is best applied at the earliest possible stage, usually when prodromal changes of sensation are felt in the lip and before vesicles appear.

Penciclovir cream is also licensed for the treatment of herpes labialis; it needs to be applied more frequently than aciclovir cream.

Parasitocidal preparations for the skin

Suitable quantities of parasitocidal preparations

Area of body	Skin creams	Lotions	Cream rinses
Scalp (head lice)		50–100 mL	50–100 mL
Body (scabies)	30–60 g	100 mL	
Body (crab lice)	30–60 g	100 mL	
These amounts are usually suitable for a child 12–17 years for single application.			

Scabies

Permethrin p. 780 is used for the treatment of *scabies* (*Sarcoptes scabiei*); malathion p. 780 can be used if permethrin is inappropriate.

Benzyl benzoate is an irritant and should be avoided in children; it is less effective than malathion and permethrin.

Ivermectin p. 416 (available from 'special-order' manufacturers or specialist importing companies) by mouth has been used, in combination with topical drugs, for the treatment of hyperkeratotic (crusted or 'Norwegian') scabies that does not respond to topical treatment alone.