

babies because formula feeds contain adequate vitamin K. An alternative regimen is to give one dose of phytomenadione by mouth at birth (using the contents of a phytomenadione capsule) to protect from the risk of vitamin K deficiency bleeding in the first week; for exclusively breast-fed babies, further doses of phytomenadione are given by mouth (using the contents of a phytomenadione capsule) at weekly intervals for 12 weeks.

Multivitamins

Multivitamin supplements are used in children with vitamin deficiencies and also in malabsorption conditions such as cystic fibrosis or liver disease. Supplementation is not required if nutrient enriched feeds are used; consult a dietician for further advice.

VITAMINS AND TRACE ELEMENTS > MULTIVITAMINS

Vitamins A and D

● INDICATIONS AND DOSE

Prevention of vitamin A and D deficiency

▶ BY MOUTH

- ▶ Child: 1 capsule daily, 1 capsule contains 4000 units vitamin A and 400 units (10 micrograms) vitamin D

- **UNLICENSED USE** Not licensed in children under 6 months of age.

● SIDE-EFFECTS

Overdose Prolonged excessive ingestion of vitamins A and D can lead to hypervitaminosis.

- **PRESCRIBING AND DISPENSING INFORMATION** This drug contains vitamin D; consult individual vitamin D monographs.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Capable

▶ Vitamins A and D (Non-proprietary)

Vitamin D 400 unit, Vitamin A 4000 unit Vitamins A and D capsules BPC 1973 | 28 capsule £2.81 | 84 capsule £8.42 DT = £8.42

Vitamins A, B group, C and D

● INDICATIONS AND DOSE

Prevention of deficiency

▶ BY MOUTH USING CAPSULES

- ▶ Child 1-11 years: 1 capsule daily
- ▶ Child 12-17 years: 2 capsules daily

Cystic Fibrosis: prevention of deficiency

▶ BY MOUTH USING CAPSULES

- ▶ Child 1-17 years: 2–3 capsules daily

ABIDEC MULTIVITAMIN DROPS[®]

Prevention of deficiency

▶ BY MOUTH USING ORAL DROPS

- ▶ Preterm neonate: 0.6 mL daily.

- ▶ Neonate: 0.3 mL daily.

- ▶ Child 1-11 months: 0.3 mL daily

- ▶ Child 1-17 years: 0.6 mL daily

Cystic Fibrosis: prevention of deficiency

▶ BY MOUTH USING ORAL DROPS

- ▶ Child 1-11 months: 0.6 mL daily
- ▶ Child 1-17 years: 1.2 mL daily

DALIVIT ORAL DROPS[®]

Prevention of deficiency

▶ BY MOUTH USING ORAL DROPS

- ▶ Preterm neonate: 0.3 mL daily.

- ▶ Neonate: 0.3 mL daily.

- ▶ Child 1-11 months: 0.3 mL daily

- ▶ Child 1-17 years: 0.6 mL daily

Cystic Fibrosis: prevention of deficiency

▶ BY MOUTH USING ORAL DROPS

- ▶ Child 1-11 months: 0.6 mL daily
- ▶ Child 1-17 years: 1 mL daily

- **UNLICENSED USE** *Dalivit[®]* not licensed for use in children under 6 weeks.

- **PRESCRIBING AND DISPENSING INFORMATION** This drug contains vitamin D; consult individual vitamin D monographs.

To avoid potential toxicity, the content of all vitamin preparations, particularly vitamin A, should be considered when used together with other supplements.

Vitamin A concentration of preparations varies.

ABIDEC MULTIVITAMIN DROPS[®] *Abidec[®]* contains 1333 units of vitamin A (as palmitate) per 0.6 mL dose.

DALIVIT ORAL DROPS[®] *Dalivit[®]* contains 5000 units of vitamin A (as palmitate) per 0.6 mL dose.

- **MEDICINAL FORMS** There can be variation in the licensing of different medicines containing the same drug.

Oral drops

EXCIPIENTS: May contain Arachis (peanut) oil, sucrose

▶ *Abidec Multivitamin* (Omega Pharma Ltd)

Nicotinamide 1333 microgram per 1 mL, Pyridoxine hydrochloride 1333 microgram per 1 mL, Riboflavin 1333 microgram per 1 mL, Thiamine hydrochloride 1.67 mg per 1 mL, Ascorbic acid 66.7 mg per 1 mL, Ergocalciferol 667 iu per 1 mL, Retinol (as Vitamin A palmitate) 2222 iu per 1 mL *Abidec Multivitamin drops* | 25 mL [GSL] £3.87

▶ *Dalivit* (Boston Healthcare Ltd)

Riboflavin 667 microgram per 1 mL, Pyridoxine 833 microgram per 1 mL, Thiamine 1667 microgram per 1 mL, Nicotinamide 8.3 mg per 1 mL, Ascorbic acid 83 mg per 1 mL, Ergocalciferol 667 iu per 1 mL, Vitamin A 8333 iu per 1 mL *Dalivit oral drops* | 25 mL [GSL] £6.50 | 50 mL [GSL] £11.36

Capable

▶ Vitamins A, B group, C and D (Non-proprietary)

Riboflavin 500 microgram, Thiamine hydrochloride 1 mg, Nicotinamide 7.5 mg, Ascorbic acid 15 mg, Vitamin D 300 unit, Vitamin A 2500 unit Vitamins capsules | 1000 capsule £48.20 DT = £15.49

Vitamins A, C and D

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The properties listed below are those particular to the combination only. For the properties of the components please consider, vitamin A p. 677, ascorbic acid p. 680.

● INDICATIONS AND DOSE

Prevention of vitamin deficiency

▶ BY MOUTH

- ▶ Child 1 month–4 years: 5 drops daily, 5 drops contain vitamin A approx. 700 units, vitamin D approx. 300 units (7.5 micrograms), ascorbic acid approx. 20 mg

- **INTERACTIONS** → Appendix 1: ascorbic acid · vitamin A

- **PRESCRIBING AND DISPENSING INFORMATION** This drug contains vitamin D; consult individual vitamin D monographs.

Available free of charge to children under 4 years in families on the Healthy Start Scheme, or alternatively may be available direct to the public—further information for healthcare professionals can be accessed at