

Origins of Drugs

I. INTRODUCTION

Drugs have a number of origins, as outlined:

- Natural products, for example, chemicals from plants and microorganisms.
- Analogs of naturally occurring chemicals that reside in various biosynthetic pathways of mammals.
- Antibodies that bind to naturally occurring targets in the body.
- Discovery that an existing drug, established as effective for a first disease, is also effective for treating an unrelated second disease.

- Drugs identified by screening libraries of chemicals.

Some drugs are based on natural products, where the natural products were known to have pharmacological effects. The term “natural products” is a term of the art that generally refers to chemicals derived from plants, fungi, or microorganisms. Drugs that are derived from natural products, or that actually are natural products, include warfarin (1), penicillin (2,3), cyclosporine (4), aspirin (5,6), paclitaxel (7), fingolimod (8), and reserpine (9). Many other drugs have structures based on chemicals that occur naturally in the human body, that

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⁴Heusler K, Pletscher A. The controversial early history of cyclosporin. *Swiss Med. Wkly* 2001;131:299–302.

⁵Lafont O. From the willow to aspirin. *Rev. Hist. Pharm. (Paris)* 2007;55:209–16.

⁶Mahdi JG, Mahdi AJ, Mahdi AJ, Bowen ID. The historical analysis of aspirin discovery, its relation to the willow tree and antiproliferative and anticancer potential. *Cell Prolif.* 2006;39:147–55.

⁷Socinski MA. Single-agent paclitaxel in the treatment of advanced non-small cell lung cancer. *Oncologist* 1999;4:408–16.

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⁹Rao EV. Drug discovery from plants. *Curr. Sci.* 2007;93:1060.