

flowers, and/or fruit can produce burning, erythema, itching, and vesication. Can cause dermatitis and photodermatitis. Taken internally, rue oil can cause severe stomach pain, vomiting, exhaustion, confusion, and convulsion, even fatality. According to Tierra,²⁸ “if there are any adverse symptoms of overdose a small amount of goldenseal root will act as an antidote . . . because rue has emmenagogue properties, it should be avoided by all pregnant women.”²⁸