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# 22 Oral Modified-Release Drug Delivery for Water-Insoluble Drugs

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## INTRODUCTION

Over the last several decades, the increasing complexity of drug development has led to a greater appreciation of the potential added value of modified-release (MR) delivery systems, including sustained- and controlled-release dosage forms. MR dosage forms offer a number of possible advantages, such as improved patient compliance by reducing the frequency of dosing, improved safety and efficacy associated with reducing drug peaks and troughs, and increased therapeutic efficacy