
8 Promise of Medicinal Plants for Neurodegenerative Disease *Alzheimer's, A Review*

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8.1 INTRODUCTION

Ayurvedic literature describes the nervous system and its disorders. In Sanskrit, 'Vata Vyadhi' is termed as a nervous system disorder which is thought to be brought on by imbalances of Vata, the biological air humor, a kind of energy which moves through the brain and the nerves (ativism considers the wind or air as the nerve impulses which travel throughout the body) controlling both voluntary and involuntary functions. Hence, any disturbances which cause an imbalance of Vata are said to be cause for some weakness, disturbance or hypersensitivity of the nervous system.

To modify the advancement and symptoms of mental disorders, herbal medicine offers several recourses. Preparation and marketing of medicinal plant-based drugs has been in current vogue, and the scientific and commercial magnitude appears to be gathering momentum in health-relevant areas. The products derived from these plants are standardized carefully, and their efficacy and safety for their specific implementation has been demonstrated (Perry et al. 1999; Howes et al. 2003; Abascal and Yarnell 2004; Kumar 2006; Kennedy and Wightman 2011). This review