

Common dosage range

Adult dose

1 drop daily (in the evening).

biperiden

anticholinergic, anti-Parkinsonian

Cautionary advisory labels: 1,9 (long-term regular therapy)

Notes

Changes to urinary system: May induce or aggravate overflow incontinence due to reduced detrusor activity, voiding difficulty, urinary retention or constipation.

Elderly: Orthostatic hypotension leading to falls and fractures, confusion, psychoses, constipation, blurred vision.

Pregnancy: B2. Use not recommended.

Breastfeeding: Not recommended as limited data available. May suppress lactation.

Common dosage range

Adult dose

Parkinson's disease: 1 mg twice daily, increasing to 1–4 mg 3–4 times daily.

Drug-induced extrapyramidal disorders: 1–2 mg 1–4 times daily.

Paediatric dose

Initial dose, 0.5–1 mg 1–3 times daily; increase gradually until optimal effect is reached; maximum 12 mg daily.

bisacodyl

stimulant laxative

Modification of oral formulation

Before crushing or otherwise altering enteric coated tablets, consider the increased risk of local gastrointestinal irritant effect.

Notes

- Discuss increased fibre, fluid intake and increased level of physical activity.
- Chronic management: may require combination treatment.
- Faecal impaction may present as faecal soiling or diarrhoea.
- Opioid-induced: use a stool softener or stimulant and hyperosmotic (see '[Prevention and treatment of opioid-induced constipation](#)', Section D).

Pregnancy: A.

Breastfeeding: May be used. Avoid large doses due to risk of diarrhoea in infant.

Common dosage range

Adult dose

Oral, 5–15 mg at night.

Rectal, 10 mg once daily when required.

Paediatric dose

>3 years, oral 5–10 mg at night; rectal 5–10 mg once daily as required.

6 months to 3 years, rectal 5 mg once daily as required.

Bowel preparation: Refer to local protocol.

bisoprolol

beta-blocker for heart failure

Cautionary advisory labels: 9, 12, A (not chewed)

Notes

- Increase dose slowly.
- Take dose in the morning with food.
- Use in combination with ACE inhibitor and diuretic.
- If patient has history of asthma or other lung disease, seek medical advice before dispensing.
- Caution if patient suffers from diabetes (can mask hypoglycaemic attack), hyperlipidaemia, peripheral vascular disease, hyperthyroidism, uncontrolled heart failure, asthma, chronic obstructive pulmonary disease.

Renal and hepatic impairment: Caution. Monitor clinically. Start at low dose, careful titration of dose.

Pregnancy: C. Use not recommended in first trimester. If drug of choice, use with caution in second and third trimesters.

Breastfeeding: Consider alternatives first. Excretion in breast milk expected. If used, monitor for adverse effects (e.g. bradycardia, hypotension) in infant.

Common dosage range

Adult dose

Initially 1.25 mg daily, increasing dose slowly at four-week intervals. Maximum 10 mg daily.

bosentan

pulmonary vasodilator

Cautionary advisory labels: 1, 5, 16

Notes

Hepatic impairment (moderate–severe): If serum transaminase elevations are accompanied by increases in bilirubin greater than twice normal upper limit, cease treatment.

Pregnancy: X.