

CONTRAINDICATIONS: Hypersensitivity

Precautions: Pregnancy, breastfeeding

Administer

- Apply with finger cot or rubber glove to prevent further infection
- Apply enough medication to cover lesions completely
- Apply after cleansing with soap, water before each application; dry well
- Store at room temperature in dry place

ADVERSE EFFECTS

INTEG: Rash, urticaria, stinging, burning, pruritus, vulvitis

NURSING CONSIDERATIONS

Assess

- Assess for allergic reaction: burning, stinging, swelling, redness, rash, vulvitis, pruritus
- Assess for signs of nephrotoxicity or ototoxicity

Teach patient/family

- Teach patient not to use in eyes or when there is no evidence of infection
- Advise patient to apply with glove to prevent further infection
- Advise patient to avoid use of OTC creams, ointments, lotions unless directed by prescriber
- Advise patient to use medical asepsis (hand washing) before, after each application and to avoid contact with eyes
- Advise patient to adhere strictly to prescribed regimen to maximize successful treatment outcome
- Advise patient to begin taking product when symptoms arise

Evaluate

Positive therapeutic outcome

- Decrease in size, number of lesions

TOPICAL ANESTHETICS

benzocaine (OTC)

(ben'zoe-kane)

Americaine Anesthetic, Anbesol Maximum Strength

dibucaine (OTC)

(dye'byoo-kane)

Nupercainal

lidocaine (Rx, OTC)

(lye'doe-kane)

Astero, ClindaEze, EnovaRx, Glydo, Lidomar, LidoRx, Zilactin-L

pramoxine (OTC)

(pra-mox'een)

Prax, Proctofoam, Sarna

tetracaine (OTC, Rx)

(tet'ra-cane)

Pontocaine, Viractin

ACTION: Inhibits conduction of nerve impulses from sensory nerves

Therapeutic outcome: Decreasing inflammation, itching, pain

USES: Oral irritation, sore throat, toothache, cold sore, canker sore, sunburn, minor cuts, insect bites, pain, itching

CONTRAINDICATIONS: Hypersensitivity, infants <1 yr, application to large areas

Precautions: Pregnancy, children <6 yr, sepsis, denuded skin

DOSAGE AND ROUTES

Adult and child: TOP apply qid as needed; RECT insert tid and after each BM

Administer

- Store in tight, light-resistant container; do not freeze, puncture, or incinerate aerosol container