

**terbinafine (OTC)**

(ter-bin'a-feen)

Lamisil AF

**tolnaftate (OTC)**

(tole-naf'tate)

Absorbine Junior , Flexitol ,  
Fungicure , Lamisil AF,  
Pitrex , Podactin, Proclearz ,  
Tinactin**undecylenic acid (OTC)**

(un-deh-sih-len'ik)

**ACTION:** Interferes with fungal cell membrane permeability**Therapeutic outcome:** Absence of itching and white patches of the skin**USES:** Tinea cruris, tinea pedis, diaper rash, minor skin irritations; amphotericin B is used for *Candida* infections**CONTRAINDICATIONS:** Hypersensitivity**Precautions:** Pregnancy, breastfeeding, children**DOSAGE AND ROUTES**

Massage into affected area, surrounding area daily or bid, continue for 7-14 days, max 4 wk

**Administer**

- Apply to affected area, surrounding area; do not cover with occlusive dressings
- Store below 30° C (86° F)

**ADVERSE EFFECTS****INTEG:** Burning, stinging, dryness, itching, local irritation**NURSING CONSIDERATIONS****Assess**

- Assess skin for fungal infections: peeling, dryness, itching before, throughout treatment
- Assess for continuing infection; increased size, number of lesions

**Teach patient/family**

- Instruct to apply with glove to prevent further infection; not to cover with occlusive dressings
- Teach patient that long-term therapy may be needed to clear infection (2 wk-6 mo depending on organism); compliance is needed even after feeling better
- Teach patient proper hygiene: hand-washing technique, nail care, use of concomitant top agents if prescribed
- Caution patient to avoid use of OTC creams, ointments, lotions unless directed by prescriber
- Instruct patient to use medical asepsis (hand washing) before, after each application; to change socks and shoes once a day during treatment of tinea pedis
- Advise patient to report to health care prescriber if infection persists or recurs; if blisters, burning, oozing, swelling occur
- Caution patient to avoid alcohol because nausea, vomiting, hypertension may occur
- Caution patient to use sunscreen or avoid direct sunlight to prevent photosensitivity
- Advise patient to notify prescriber of sore throat, fever, skin rash, which may indicate overgrowth of organisms

**Evaluate****Positive therapeutic outcome**

- Decrease in size, number of lesions

**TOPICAL  
ANTIINFECTIVES****azelaic acid (Rx)**

(a-zuh-lay'ic)

Azelex, Finacea

**bacitracin (OTC)**

(bass-i-tray'sin)

Bacitin **clindamycin (Rx)**

(klin-da-my'sin)

Cleocin T, Clindacin ETZ,  
Clindacin-P, Clindagel,  
Clindamax, Evocin