

Evaluate:

- Therapeutic response: increased CD4 cell counts; decreased viral load; slowing progression of HIV

Teach patient/family:

- To take as prescribed; if dose is missed, to take as soon as remembered; not to double dose; to take with water, juice; to take on empty stomach at bedtime; to take at same time of day; not to break tabs; to use with other antiretrovirals
- To make sure health care provider knows all medications, supplements, OTC products taken
- **To notify health care provider if severe rash occurs; that adverse reactions (rash, dizziness, abnormal dreams, insomnia) lessen after 1 mo, not to stop taking**
- **Pregnancy/breastfeeding: Identify if pregnancy is planned or suspected or if breastfeeding; not to breastfeed or become pregnant if taking this product; to use nonhormonal contraception because serious birth defects have occurred, to use barrier method for ≥12 wk after last dose**
- To avoid hazardous activities if dizziness, drowsiness occur
- That product does not cure disease but controls symptoms; that HIV can be transmitted to others even while taking this product; to continue with safe-sex practices, that opportunistic infections can occur
- To report all adverse reactions, insomnia, poor concentration, but usually are less in 2-4 wk
- That CNS side effects of feeling “stoned” or “drunk” usually abate in several months

RARELY USED

efavirenz/lamivudine/tenofovir

(ef-ah-veer'enz lam-i-voov' deen ten-oh-foh'veer)

Symfi, Symfi Lo

Func. class.: Antiretroviral

USES: Human immunodeficiency virus (HIV) infection

CONTRAINDICATIONS: Hypersensitivity

Black Box Warning: Hepatitis B exacerbation

DOSAGE AND ROUTES

- **Adult/adolescent/child ≥35 kg: PO** (Symfi Lo) 1 tablet (efavirenz 400 mg; lamivudine 300 mg; tenofovir 300 mg) on an empty stomach daily at bedtime
- **Adult/adolescent/child ≥40 kg: PO** (Symfi) 1 tablet (efavirenz 600 mg; lamivudine 300 mg; tenofovir 300 mg) on an empty stomach daily at bedtime

efinaconazole topical

See Appendix B

RARELY USED

elagolix

(el' a-goe' lix)

Orilissa

Func. class.: Gonadotropin-releasing hormone (GnRH) receptor antagonist

USES: Moderate to severe pain associated with endometriosis, including endometriosis-related dyspareunia

CONTRAINDICATIONS: Hypersensitivity, osteoporosis, pregnancy

DOSAGE AND ROUTES

- **Adult female: PO** Initiate at 150 mg daily; max duration 24 mo

eletriptan (Rx)

(el-ee-trip'tan)

Relpax

Func. class.: Antimigraine agent, abortive
Chem. class.: 5-HT₁-1B/1D receptor agonist, triptan

E