

RARELY USED

nabumetone (Rx)

(na-byoo'me-tone)

Relafen *Func. class.:* Nonsteroidal antiinflammatory*Chem. class.:* Acetic acid derivative**USES:** Osteoarthritis, rheumatoid arthritis, acute or chronic treatment**CONTRAINDICATIONS:** Hypersensitivity to this product or aspirin, NSAIDs**Black Box Warning:** Perioperative pain with CABG surgery

DOSAGE AND ROUTES

- **Adult: PO** 1 g as single dose or divided bid; max 2 g/day if needed


Renal dose

- **Adult: PO** CCr 31-49 mL/min, 750 mg daily, max 1500 mg/day; CCr <30 mL/min, 500 mg daily, max 1000 mg/day

 HIGH ALERT

nadolol (Rx)

(nay-doe'lole)

Corgard, Syn-Nadol *Func. class.:* Antihypertensive, antianginal*Chem. class.:* β -Adrenergic receptor blocker**Do not confuse:**

Corgard/Cognex/Coreg

Nadolol/Mandol

ACTION: Long-acting, nonselective β -adrenergic receptor blocking agent, blocks β_1 in the heart and β_2 in the lungs, uterus, and circulatory system; mechanism is similar to that of propranolol**USES:** Chronic stable angina pectoris, mild to moderate hypertension**Unlabeled uses:** Tachydysrhythmias, anxiety, tremors, esophageal varices (rebleeding only), migraines, reduction of intraocular pressure**CONTRAINDICATIONS:** Hypersensitivity to this product, cardiac failure, cardiogenic shock, 2nd-/3rd-degree heart block, bronchospastic disease, sinus bradycardia, HF, COPD, asthma**Precautions:** Pregnancy, breastfeeding, diabetes mellitus, renal disease, hyperthyroidism, peripheral vascular disease, myasthenia gravis, major surgery, nonallergic bronchospasm**Black Box Warning:** Abrupt discontinuation

DOSAGE AND ROUTES

Angina pectoris/hypertension

- **Adult: PO** 40 mg/day, increase by 40-80 mg q7 days; maintenance 40-240 mg/day for angina, 40-320 mg/day for hypertension


- **Geriatric: PO** 20 mg/day, may increase by 20 mg until desired dose

Renal dose

- **Adult: PO** CCr 31-50 mL/min, give q24-36hr; CCr 10-30 mL/min, give q24-48hr; CCr <10 mL/min, give q40-60hr

Esophageal varices (unlabeled)

- **Adult: PO** 40 mg q day

Available forms: Tabs 20, 40, 80, 160  mg**Administer:**

- With 8 oz water, check apical pulse before use; if <50 bpm, withhold; notify prescriber
- Give without regard to food
- Tabs may be crushed and mixed with food
- Discontinue other antihypertensives gradually

Black Box Warning: Taper over 1-2 wk to discontinue product; do not stop abruptly

SIDE EFFECTS

CNS: Depression, *dizziness*, *fatigue*, anxiety, drowsiness, lethargy, paresthesias, headache, *weakness*, insomnia, memory loss, nightmares