

- **Not to discontinue medication abruptly after long-term use; to gradually taper**
- To rise slowly or fainting may occur, especially in geriatric patients
- That drowsiness may worsen at beginning of treatment
- **To notify prescriber if pregnancy is planned or suspected; to avoid breastfeeding**

TREATMENT OF OVERDOSE:

Lavage, VS, supportive care, flumazenil

dibucaine topical

See Appendix B

diclofenac epolamine (Rx)

(dye-kloe'fen-ak)

Flector

diclofenac potassium (Rx)

Cambia, Zipsor

diclofenac sodium (Rx)

Dyloject, PENNSAID, Solaraze Topical Gel, Voltaren, Voltaren Topical Gel, Voltaren XR, Zorvolex

Func. class.: Nonsteroidal antiinflammatory products (NSAIDs), nonopioid analgesic*Chem. class.:* Phenylacetic acid**Do not confuse:**

Cataflam/Catapres

ACTION: Inhibits COX-1, COX-2 by blocking arachidonate, resulting in analgesic, antiinflammatory, antipyretic effects

USES: Acute, chronic RA; osteoarthritis; ankylosing spondylitis; analgesia; primary dysmenorrhea; patch: mild to moderate pain

Unlabeled uses: Arthralgia, headache, migraine, bone pain, myalgia

CONTRAINDICATIONS: Hypersensitivity to aspirin, iodides, other NSAIDs, bovine protein, asthma, serious CV disease; eczema, exfoliative dermatitis, skin abrasions (gel, patch); treatment of perioperative pain in CABG surgery

Precautions: Pregnancy, breastfeeding, children, bleeding disorders, GI disorders, cardiac disorders, hypersensitivity to other antiinflammatory agents, CCr <30 mL/min, accidental exposure, acute bronchospasm, hypersensitivity to benzyl alcohol

Black Box Warning: GI bleeding/perforation, MI, stroke

DOSAGE AND ROUTES**Osteoarthritis**

• **Adult: PO** (Cataflam) 50 mg bid-tid, max 150 mg/day; **DEL REL** (Voltaren) 50 mg bid-tid or 75 mg bid, max 150 mg/day; **EXT REL** (Voltaren-XR) 100 mg daily, max 150 mg/day; **TOP GEL** 1% (Voltaren gel) 4 g for each of lower extremities qid, max 16 g/day; 2 g for each of upper extremities qid, max 8 g/day; **TOP SOL** (Pennsaid) apply 40 drops to each affected knee qid; apply 10 drops at a time, spread over entire knee

Rheumatoid arthritis

• **Adult: PO** (Cataflam) 50 mg tid-qid, max 200 mg/day; **DEL REL** (Voltaren) 50 mg tid-qid or 75 mg bid, max 200 mg/day; **EXT REL** (Voltaren-XR) 100 mg daily, may increase to 200 mg/day, max 200 mg/day

Ankylosing spondylitis

• **Adult: PO DEL REL** (Voltaren) 25 mg qid and 25 mg at bedtime, max 125 mg/day

Acute migraine with/without aura

• **Adult: PO** (powder for oral sol) (Cambia) 50 mg as a single dose, mix contents of packet in 1-2 oz water

Mild to moderate pain

• **Adult: PO** (Zipsor) 25 mg qid

Dysmenorrhea or nonrheumatic inflammatory conditions

• **Adult: PO** (Cataflam) 50 mg tid or 100 mg initially, then 50 mg tid, max 200 mg 1st day, then 150 mg/day, immediate release only