

225 mg/day (Effexor XR) or 375 mg/day (immediate-release). **Generalized anxiety disorder:** start 37.5 to 75 mg/day PO (Effexor XR); increase in 75 mg increments q 4 days to max 225 mg/day. **Social anxiety disorder:** 75 mg/day PO (Effexor XR). **Panic disorder:** start 37.5 mg/day PO for 7 days and then 75 mg/day (Effexor XR), may titrate by 75 mg/day at weekly intervals to max 225 mg/day. Give with food. [Generic/Trade: caps, extended-release 37.5, 75, 150 mg. Generic only: tabs 25, 37.5, 50, 75, 100 mg. Tabs, extended-release 37.5, 75, 150, 225 mg.] ▶LK⊗♀C▷? \$

Antidepressants—Other

NOTE: Monitor for the emergence of anxiety, agitation, panic attacks, insomnia, irritability, hostility, impulsivity, akathisia, mania, or hypomania, and for worsening depression or the emergence of suicidality, particularly early in therapy or after increases in dose. Antidepressants increase the risk of suicidal thinking and behavior in children, adolescents, and young adults; carefully weigh the risks and benefits before starting treatment, and then monitor closely. Avoid use with MAOIs.

TRAZODONE **Depression:** start 150 mg/day PO in divided doses, increase by 50 mg/day q 3 to 4 days. Usual max is 400 mg/day for outpatients and 600 mg/day for inpatients in divided doses. Give after a meal or light snack. **Insomnia (unapproved):** 50 to 150 mg PO at bedtime. [Generic only: tabs 50, 100, 150, 300 mg.] ▶L♀C▷—\$

BUPROPION (*Wellbutrin, Wellbutrin SR, Wellbutrin XL, Aplenzin, Zyban, Buproban, Forfivo XL*) **Depression,** immediate-release tabs: start 100 mg PO two times per day; can increase to 100 mg three times per day after 3 days. May increase gradually to 450 mg/day in divided doses if no response after several weeks. Max 150 mg/dose and 450 mg/day. Allow at least 6 h between doses. **Depression,** sustained-release tabs (Wellbutrin SR): start 150 mg PO q am; may increase to 150 mg two times per day after 3 days. Max 200 mg/dose and 400 mg/day in two doses per day. Allow at least 8 h between doses. Give the last dose no later than 5 pm. **Depression,** extended-release tabs (Wellbutrin XL): start 150 mg PO q am; may increase to target dose of 300 every morning after 4 days. **Depression,** extended-release (Aplenzin): start 174 mg PO q am; increase to target dose of 348 mg/day after 4 days or more. Max 522 mg/d for patients having been on 450 mg/d bupropion HCl. Extended-release (Forfivo XL): 450 mg PO once daily. Do not use to initiate therapy. If standard tabs tolerated and patient requires more than 300 mg/day for 2 weeks, may use 450 mg/day PO, max 450 mg/day. **Seasonal affective disorder,** extended-release tabs (Wellbutrin XL): start 150 mg PO q am in autumn; may increase after 1 week to target dose of 300 mg q am, max 300 mg/day. In the spring, decrease to 150 mg/day for 2 weeks and then discontinue. Extended-release (Aplenzin): start 174 mg PO each morning. Increase to 348 mg/day after 7 days. **Smoking cessation** (Zyban, Buproban): start 150 mg PO q am for 3 days, then increase to 150 mg PO two times per day for 7 to 12 weeks. Allow 8 h between doses, with the last dose given no later than 5 pm. Max 150 mg PO two times per day. Target quit date should be after at least 1 week of therapy. Stop if there is no progress toward abstinence by the 7th

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