

or multidose pump: 12.5 mg/actuation. Nasal Gel (Natesto 5.5 mg/actuation pump) 7.32 g. Pellet 75 mg (Testopel). Buccal: Blister packs: 30 mg (Striant). IM injection (Aveed): 750 mg/3 mL through restricted access program.] ▶L ♂♀  
 D? ©III varies by therapy ■

### Bisphosphonates

**ALENDRONATE** (*Fosamax, Binosto, \*Fosavance*) **Prevention of postmenopausal osteoporosis** (Fosamax): 5 mg PO daily or 35 mg PO weekly. **Treatment of postmenopausal osteoporosis or osteoporosis in men** (Fosamax, Binosto): 10 mg PO daily or 70 mg PO weekly. **Treatment of glucocorticoid-induced osteoporosis** (Fosamax): 5 mg PO daily in men and women or 10 mg PO daily in postmenopausal women not taking estrogen. **Paget's disease** (Fosamax): 40 mg PO daily for 6 months. [Generic/Trade (Fosamax): Tabs 70 mg. Generic only: Tabs 5, 10, 35, 40 mg; Oral soln 70 mg/75 mL. Trade only: Binosto: 70 mg effervescent tab.] ▶K ♂♀C D—\$

**IBANDRONATE** (*Boniva*) **Prevention and treatment of postmenopausal osteoporosis**: Oral: 150 mg PO once a month. IV: 3 mg IV q 3 months. [Generic/Trade: Tab 150 mg. IV 3 mg.] ▶K ♂♀/?/? evidence of animal fetal harm and uptake into fetal bone greater than maternal bone D? \$

**PAMIDRONATE** **Hypercalcemia of malignancy**: 60 to 90 mg IV over 2 to 24 h. Wait at least 7 days before considering retreatment. ▶K ♂♀D D? \$\$\$

**RISEDRONATE** (*Actonel, Atelvia*) **Prevention and treatment of postmenopausal osteoporosis**: 5 mg PO daily, 35 mg PO weekly, or 150 mg once a month. **Treatment of osteoporosis in men**: 35 mg PO weekly. **Prevention and treatment of glucocorticoid-induced osteoporosis**: 5 mg PO daily. **Paget's disease**: 30 mg PO daily for 2 months. [Generic/Trade: Tabs 5, 30, 35, 150 mg. Delayed-release tabs (Atelvia) 35 mg.] ▶K ♂♀C D? \$\$\$\$\$

**ZOLEDRONIC ACID** (*Reclast, Zometa, \*Aclasta*) **Treatment of postmenopausal osteoporosis and osteoporosis in men** (Reclast): 5 mg once yearly IV infusion over 15 min or longer. **Prevention of postmenopausal osteoporosis**: (Reclast) 5 mg IV infusion q 2 years. **Prevention and treatment of glucocorticoid-induced osteoporosis** (Reclast): 5 mg once a year IV infusion over 15 min or longer. **Hypercalcemia** (Zometa): 4 mg IV infusion over 15 min or longer. Wait at least 7 days before considering retreatment. **Paget's disease** (Reclast): 5 mg IV single dose infused over 15 min or longer. **Multiple myeloma and metastatic bone lesions from solid tumors** (Zometa): 4 mg IV infusion over 15 min or longer q 3 to 4 weeks. [Generic/Trade: 4 mg/5 mL, 4mg/100 mL IV (Zometa), 5 mg/100 mL IV (Reclast)] ▶K ♂♀D D? \$\$\$

### Corticosteroids

*NOTE: See also Dermatology, Gastroenterology, Ophthalmology.*

**BETAMETHASONE** (*Celestone Soluspan, Betamethasone Combo, \*Betaject*) **Anti-inflammatory/immunosuppressive**: 0.25 to 9 mg/day IM. 0.25 to 2 mL

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