

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Above navel	Below navel	Left thigh	Right thigh	Left of navel	Right of navel	Back of either arm

FIGURE 15-5: Site rotation for insulin injections. Use a chart to remind patients to rotate injection sites.

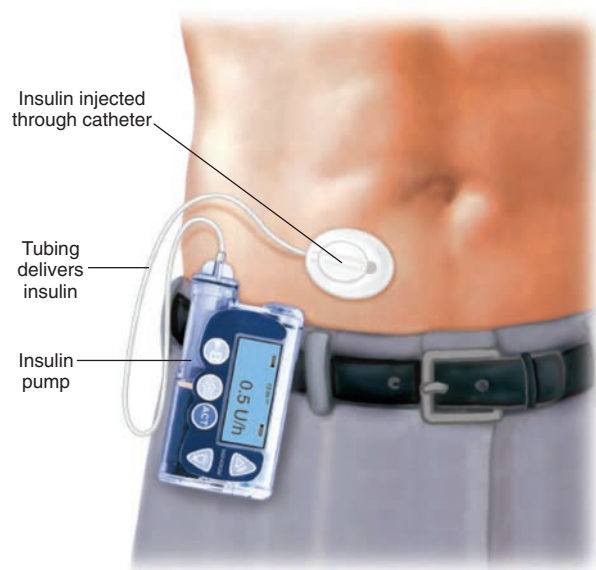


FIGURE 15-6: Insulin pump. This provides continuous and steady administration of insulin to the patient with type 1 diabetes.

sugar level continuously and allow the patient to make needed adjustments. This method allows for injections to be reduced to once every few days instead of multiple times per day.

One other major function of the pancreas is the secretion of digestive enzymes. In patients with cystic fibrosis, the ducts in the pancreas become blocked with thick mucus and are unable to secrete these enzymes. For this reason, these patients must take replacement enzymes such as pancrelipase (Pancreaze, Ultresa, or Creon) for the rest of their lives every time they eat.

■ MEDICATIONS THAT TREAT ADRENAL DISORDERS

As with the thyroid gland, treatments for adrenal disorders are a response to the secretion of either too much or too little hormone. If the levels of naturally secreted hormones are too low, they must be replaced to help with symptoms such as weakness, hypoglycemia, and hypotension. If the adrenal